

Body and I

The Immune System
and Autoimmune Disease

Specialist
Conference
Eurythmy Therapy

Describing, moving,
discussing the
health of the
immune system

12–17
September 2023
at the Goetheanum

International Annual Conference
of the Medical Section



Anthroposophic
Medicine

Wednesday, 12 Sept	Wednesday, 13 Sept	Thursday, 14 Sept	Friday, 15 Sept	Saturday, 16 Sept	Sunday, 17 Sept
08:15 Artistic and meditative prelude	08:15 Artistic and meditative prelude	08:15 Artistic and meditative prelude	08:15 Artistic and meditative prelude	08:15 Artistic and meditative prelude	08:15 Artistic and meditative prelude
09:15 Specialist conferences	09:15 Specialist conferences	09:15 Specialist conferences	9:15 Class lesson and workshops	Incarnation today and the gender question Lecture by David Martin	9:15 Case presentations on autoimmune diseases Kan-arek Kaerthaweesab, Maria Wangemal, Adam Blanning
10:30 Coffee break	10:30 Coffee break	10:30 Coffee break	10:30 Coffee break	10:30 Coffee break	10:30 Coffee break
11:15 Specialist conferences	11:15 Specialist conferences	11:15 Specialist conferences	11:15 Turning to the future: Rudolf Steiner and his Wegman in Paennaemaun' in August 1923 Lecture by Peter Selg	11:15 Workshops 2	11:15 Fruit of the past – seed for the future Closing lecture by Marion Debus, Karin Michael, Adam Blanning The Foundation Stone in eurythmy Goetheanum Eurythmy Ensemble
12:30 Lunch break	12:30 Lunch break	12:30 Lunch break	12:30 Lunch break	12:30 Lunch break	12:45 End
Specialist conferences	Spiritual deepening	Spiritual deepening	Multiprofessional conference	Multiprofessional conference	
15:00 Joint start of the conference Welcome Matthias Grike, Georg Soldner Formation of the body – an instrument of destiny Lecture by Karin Michael, Marion Debus	15:00 Specialist conferences	15:00 "It is the spirit that builds the body" – The action of the I-organisation in the human body Lecture by Matthias Grike	15:00 Development of the immune system and autoimmune diseases Lecture by Georg Soldner, Markus Sommer	15:00 Handover of the Section leadership World Group, IKAW	
16:30 Coffee break	16:30 Coffee break	16:30 Coffee break	16:30 Coffee break	16:30 Coffee break	16:30 Coffee break
17:15 Specialist conferences	17:15 Specialist conferences	17:15 Class lesson and workshops	17:15 Workshops 1	17:15 Workshops 1	17:15 Workshops 3
18:30 Evening break	18:30 Evening break	18:30 Evening break	18:30 Evening break	18:30 Evening break	18:30 Evening break
20:00 When the body turns alien <i>Eurythmy therapy</i> Katharina Gerlach <i>Psychotherapy and massage as developed by Dr Simeon Fressel</i> Thea Friemel <i>Painting therapy</i> Bernadette Gollmer Conclusion with eurythmy Ends 21:00	20:00 How the body becomes familiar <i>The embryonic envelopes</i> Natalie Hurst <i>Birth Daniela Zahl</i> <i>Embodiment in childhood and adolescence</i> Jan Vagedes Conclusion with eurythmy Ends 21:00	20:00 Welcoming the unborn – Farewell to the deceased Anne-Grilli Gobe-Wirth Commemoration of the dead Matthias Grike Conclusion with eurythmy Ends 21:00	20:00 Recovering the I through writing – Jorge Semprun 1923-2011 The experience of Buchenwald concentration camp and coming to terms with it through art Lecture by Christiane Heid Conclusion with eurythmy Ends 21:00	20:00 Weqspuren Eurythmy performance by the Goetheanum Eurythmy Ensemble Ends 21:00	21:15 Terrace festival

Describing - moving - discussing the health of the immune system

At the centre of the international specialist conference on eurythmy therapy is the **health of the immune system**. The focus is on two of the much-used sequences TSRMA and LAOUM, which will be examined from as many perspectives as possible. In addition to movement, the focus this year will also be on the experiences of colleagues from around the world in practice and the joint exchange of ideas.

We were able to attract **Annette Weißkircher** (research and experiences in allergic rhinopathy), **Norman Kingeter** and **Rob Schapink** (results of archival research) to provide historical back-

ground information and information from practical research.

Following this specialist conference, we recommend attending the conference on spiritual deepening and the multiprofessional conference. In the multiprofessional conference, the conference topic will be discussed together with physicians and other therapists.

We look forward to seeing you!

Hana Adamcová, Ingrid Hermansen, Katharina Gerlach, Annette Weißkircher, Norman Kingeter, Rob Schapink

Conference languages DE / EN

12 Sept - Tuesday

15.00 Joint start of the conference

Welcome

Matthias Girke, Georg Soldner

Formation of the body - an instrument of destiny

Lecture *Karin Michael,*

Marion Debus

16.30 Coffee break

17.15 Prelude into the conference topic

Aspects of and background to the sound sequences from archival research

Norman Kingeter, Rob Schapink

18.30 Evening break

20.00 For all specialist conferences

When the body turns alien

Eurythmy therapy

Katharina Gerlach

Psychotherapy and massage as developed by Dr Simeon Pressel

Thea Friemel

Painting therapy

Bernadette Gollmer

Conclusion with eurythmy

13 Sept - Wednesday

08.15 Artistic and meditative prelude

09.15 Joint start in movement Workshops on understanding and applying the sound

sequences with case studies from practice

10.30 Coffee break

11.15 The efficacy of the eurythmy therapy sequence TSRMA in allergic rhinopathy (research and practical experience)

Annette Weißkircher

12.30 Lunch break

15.00 Workshops on understanding and applying the sequence with case studies from practice

16.30 Coffee break

17.15 Further aspects on sound sequences

Annette Weißkircher, Norman

Kingeter, Rob Schapink

18.30 Evening break

20.00 For all specialist conferences

How the body becomes familiar The embryonic envelopes

Natalie Hurst

Birth

Daniela Zahl

Embodiment in childhood and adolescence

Jan Vagedes

Conclusion with eurythmy

14 Sept - Thursday

08.15 Artistic and meditative prelude

09.15 Joint start in movement Workshops on understanding and applying the sound

sequences with case studies from practice

10.30 Coffee break

11.15 Joint review and look ahead to the coming year

12.30 Lunch break

Registration

goetheanum.ch/en/events/ms-jah-reskonferenz