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Medical Section

International Coordination
Anthroposophic Medicine/IKAM
Eurythmy Therapy Coordination: Angelika Jaschke

Eurythmy Therapy Forum/Network Newsletter No 6, December 2008

Leading Thought

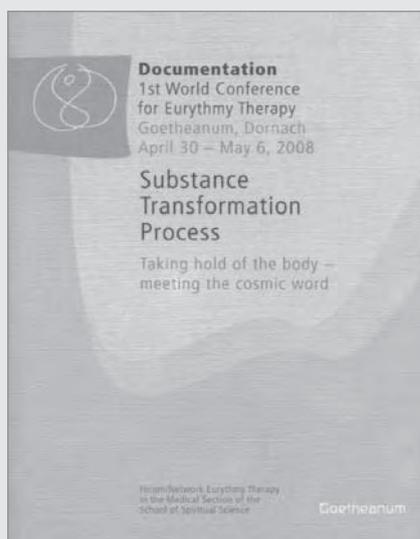
"The healthy social life is found, when in the mirror of each human soul the whole community finds its reflection, and when in the community the virtue of each one is living."

The Motto of Social Ethic by Rudolf Steiner

Out of the strength of these words we actively build the substance of our Eurythmy Therapy Forum/Network. A social organ which only exists through our common goal and combined efforts.

1st World Conference for Eurythmy Therapy April 30 – May 6, 2008

Substance - Transformation - Process. Taking hold of the body - meeting the cosmic word.



Documentation 1st World Conference for Eurythmy Therapy Forum/Network Eurythmy Therapy in the Medical Section of the Goetheanum, School of Spiritual Science

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This documentation of the 1st World Conference for Eurythmy Therapy is an output derived from common endeavour. Transcriptions of all lectures and various reports from the working groups are included. Topics range from the roots of the profession of eurythmy therapy to current developments and research projects. Reading this „reverberation“ of the World Conference is worth while for everybody who is already involved in the eurythmy therapy or who is interested in getting a deeper insight into what eurythmy therapy is capable of.



30 country representatives on the Goetheanum stage.

Participation is Everything!

Everybody who was able to participate in the First World Conference for Eurythmy Therapy might consent to this sentence. Maybe some people felt sorry for many colleagues and friends who could not witness this exciting and creative exchange.

I could take part in this „Century Conference“ in a special way: Being a lecturer, I got the assignment to assemble the lectures and working group reports into a documentation which enables the reader to get some insight into the broad range of the conference programme. It was a big challenge and, as it turned out afterwards, a wonderful and important experience for someone who had not been able to take part in person.

I would like to thank all the lecturers and working group facilitators but also the reporters from the groups and, last but not least, all the invisible helpers who helped the documentation to come into being with their know how and their valuable commitment. May the lively individual character of every lecture and report help many readers to get the experience of somehow having taken part in the conference.

Katharina Offenborn,
www.wortgetreu.com

Gold Mine at a Cheap Rate

The first big World Conference for Eurythmy Therapy was a bit tricky for the participants: You were forced to decide which working group you wanted to attend. Actually, you wanted to participate in all of them!

Now Angelika Jaschke has published a documentation. It includes all ten lectures held at the conference. They were edited by the lecturers themselves, mostly for free. Matthias Girke, for instance, developed the basics of thyroid therapy, following the first lecture of the Eurythmy Therapy Course. He set forth how the thyroid affects all the members of the human organism, its relationship with the organs and, above all, its hyperfunction and its sub-function. The resulting understanding is precious: When do we do LMS and when SMIA?

David Ritchie developed new and unexpected perspectives of the fifth lecture. He combined the twelve exercises with the three soul forces and the four members of the body. It's a new and exciting task for us doing these exercises. Thus, we can find some inspiration for every lecture of the Eurythmy Therapy Course and our practical work can be enhanced and viewed in a new light.

A rich source are the reports from the working groups, too. Many reports are written in such an elaborate way that the documentation has become some kind of textbook. In practice we often meet patients challenging us in a new way because we have not got experiences in some areas. However, we have to act. Now we can find, for instance, an introduction into eurythmy

therapy during pregnancy: What are we allowed and how? Or we can find an introduction into eurythmy therapy with newborn children. What could be done, what is best practice?

In Munich, we are lucky that approximately twelve eurythmy therapists meet regularly in order to exchange information.

Now we practice what we have learnt in their courses and try out what is recommended in the documentation. At the moment, we establish a heart school for eurythmy therapists. Thus, this documentation is a copious compendium – a gold mine, so to speak.

Further details concerning ordering and shipping can be found on the front page. In the USA and Australia you can order via a national book store which will send out the documentation. Collective orders might be worth while considering.

Erika Leiste, Munich

Reports from Different Countries

ARGENTINA:

Graciela Kolb
(>gracielakolb@hotmail.com<)

Although Argentina is a really huge country, we are only two eurythmy therapists in the whole country. Therefore we are not only required in seminars and curative education meetings but also by our own private patients who we assist working with doctors together. So, we can't work in Waldorf schools, which would be quite important for children and teachers alike.



The fact that I participated in this last Conference and could share experiences with my colleagues from other countries was highly enriching for me since I could learn about the different ways of working.

When I told the doctors about my experience at the Conference, they were grateful to me for sharing my insights with them, which is very important for our country. They agree that when medication is accompanied by therapeutic eurythmy treatment, the patient improves his or her condition by being more aware while doing the healing process and so we can see better results in a shorter time.

I am very grateful to those who made my participation in the Therapeutic Eurythmy conference possible.

AUSTRALIA:

Josefin Porteous
(>josefinporteous@gmail.com<)

15 eurythmy therapists currently work in Australia. Two more colleagues than last year. Most of us work in schools or in free practice.

The Australian cities which count oneself lucky to have an active eurythmy therapist around are: Melbourne, Canberra, Sydney, Adelaide, Byron Bay and Brisbane – going from South to North. Next year we will have another eurythmy therapist in Coffs Harbour.



In Melbourne it can get really cold in winter into the minus. It has a very English feel to it. It is properly the most cultured city of Australia, with lots of theatres and concert halls and artists, much more so than Sydney. People actually go to concerts and plays. In summer the temperatures are very high. Canberra is mostly cold, but it is all relative and of course not as cold as Germany, but it feels colder because we do not have heating inside.

Adelaide the same as Melbourne, Brisbane is always warm also in winter. I would say never under 12 degrees in winter and up to 40 degrees in summer. Same in Byron Bay. If one goes beyond Brisbane up into the north, it gets hotter and hotter. The more you go inland the more desert temperatures you get. All the cities are close to water and are not inland.

Our doctors travel a lot to different places to spread news about Anthroposophical Medicine. Two doctors work permanently in Melbourne and Sydney. David Ritchie comes to Australia every three months. We have close contact with him.

Unfortunately our projected eurythmy therapy training could not be implemented. We had waited too long to get every legal issue solved – and so we lost some students. It would not have been profitable any more. Maybe we will start a course later. Till then we will continue working hard and strengthen eurythmy therapy in our country.

8 eurythmy therapist took part in the International World Conference for Eurythmy Therapy in May 2008. We returned to Australia filled with enthusiasm and new momentum. Now we are back in our daily rhythm and work. As we live so far from each other we mostly have contact via e-mail. However, we plan to organise smaller internal conferences and sometimes to invite somebody from Europe.

AUSTRIA:

Mareike Kaiser
(>mareike.kaiser@gmx.at<)

The Eurythmy Therapy Association has for two years been a member of the non anthroposophical umbrella group: ArtisticTherapies (ABOAT). The music therapists who are not part of this



have managed to obtain a place in the law for music therapy which will come into effect in July 2009. Our umbrella group is striving for a common set of regulations for all therapies which are members. The doctors have already been part of the national board of doctors for a long time and are fully recognized there. But this is not the case for anthroposophical therapists. We are considering a new application through a lawyer (a certificate from the anthroposophical doctors). The outcome is open and the question is whether we would stand a better chance if there was a eurythmy therapy training in the country.

At present we may practice under the title 'Life Coach' (Lebensberater) as this is a recognized profession. In October 2008 a new training in eurythmy therapy began with Gerhard Weber and Lasse Wennerschou.

The Eurythmy Therapy Association presents regular courses in dental eurythmy in various countries: France, Italy, UK, Hungary, Switzerland and Austria. These courses are lead by Dr Claus Haupt, dentist from Munich together with Mareike Kaiser, Graz. Having completed six courses (an introductory course by Claus Haupt, three practical courses with Mareike Kaiser and a further in depth course with Claus Haupt on the link between the zodiac, planets and the teeth) participants may receive a certificate.

BELGIUM:

Miejef Callens
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Belgium is a small country with approx. 10 millions inhabitants. At present we have five trained eurythmy therapists and one student in the American part time training.

Eurythmy survives here without state funding. Of the five eurythmists working here none can live from eurythmy

alone. We either teach classes or we are married and because patients have to pay for their sessions we only charge 15 Euro (Child) and maximum 20 Euro (Adult).

So far we have no professional association. Everyone has to find their own sources in order to develop.

We meet sporadically, usually due to some occasion or other. If necessary we can always call on each other for help.

I experience the situation here like a kind of dough which is always rising, slowly but surely.

Good feedback comes from parents in the school and if eurythmy therapy is brought to a parents evening it is always received with positive enthusiasm.

We have to do our own research and develop trust in our own activity.

I am always amazed how as a eurythmist I perceive the world of nature and how the forces of nature are for me something I can always connect with and be nourished by.

I send you all heartfelt greetings from my country and wish you much success in your work.

BRAZIL:

Cecilia Teixeira

(>ceciliateixeira@terra.com.br<)

The World Conference was very important for us in Brazil. It gave us the feeling of belonging to a far greater circle and renewed our impulse to work more closely together in our own country. We meet regularly now and exchange our experiences of the conference and our work generally. The many themes, lectures and workshops we experienced at the World Conference will live on for a long time and take months to digest.

Up to now we have had no translation of the Eurythmy Therapy Course by Rudolf Steiner but a Portuguese translation should be ready by the end of October. Also the Basic Elements by Kirchner Bockholt is being translated. Although there are few eurythmy therapists in Brazil, it is already clear to see that this form of healing is very much wanted.

Many thanks and we wish you our blessings for your work with eurythmy therapy.

CZECH REPUBLIC:

Elisabeth Dostalová

(>ldostal@weleda.cz<)

In our country eurythmy therapy is still in its infancy. The fact that 4 out of the 7 eurythmy therapists working here were able to attend the World Conference meant a lot to us. The experiences gathered there live on as a constant source of nourishment for us all and strengthen our feeling of 'belonging' to a world movement.

Our work has become more intense and we have begun a study of Rudolf Steiner's Occult Physiology together with our doctors. The year 2011 is fast approaching and as it marks the 100th anniversary of Rudolf Steiner's lecture course here in Prague we hope to mark the occasion with some festivities.

We are striving for state recognition for our training and for eurythmy therapy in general. We hope that step by step it will become fully accepted and recognised by the state. Much work is still needed in order to achieve this goal.

We wish to thank all who support us in this work.

DENMARK:

Matthias Gorges

(>matthiasgorges@hotmail.com<)

Denmark has 118 eurythmists and 28 eurythmy therapists. Most are working in Waldorf Schools or curative education and patients generally have to pay for their treatments.



The work together with our anthroposophical doctors is good but there are not enough doctors. We struggle with transport and communication as Denmark has many islands and 7000 kilometres of coastline, record breaking long bridges, wind and water everywhere. Unfortunately, despite roads and bridges, internet and telephone we still have little contact with each other but there is a lot of mutual respect and trust for the independence of each other's work. We all greet one another with 'Du' and many carry a deep mistrust of the EU and everything that comes from the State in the form of unintelligible papers and documents with ever new demands and rules and regulations. However, thanks to our beloved Danish Queen we are able to retain a large degree of independence from the EU and even have our own tax system!

Denmark is one of the most expensive countries in the world to live in with car tax at 180 % and income tax at 40 - 60 %.

Danish people do not like any form of pyramidal hierarchy or power based government even if the centre is in Dornach...! This is one of the reasons that we were one of the few countries not represented at the international Forum Network presentation during the World Conference.

Independence is good but a real 'working together' is better.

The idea of not attending at all was not possible for us though and so after hours of difficult discussion some of us did come to the conference.

Back at home now, we are working to strengthen our own eurythmy therapy association or forum which we hope will serve to unite us in a non-bureaucratic way, without statutes or unnecessary paper work.

Out of the 28 eurythmy therapists here, 10 have already registered in the Forum and more are in process.

Two study groups meet regularly in Arhus and Copenhagen. The Arhus group are lucky to have a doctor with them while in Copenhagen it is more a sharing of work and questions.

The World Conference continues to live with us all as a consciousness raising impulse which has strengthened our common will towards collegial activity and it remains to be seen how our ideals for freedom and working together unite.

In conclusion I would like to say a few words about the conference. For me personally, it was fantastic! So many meetings with friends from around the world and everyone fighting for a common goal. I feel proud to be part of this world movement and look forward to the next time.

ENGLAND:

Daniel Maslen

(>danmaslen@hotmail.co.uk<)

Eurythmy Therapy is well established here. There are around 70 eurythmy therapists and 50 working mostly in schools, curative education, clinics or private practice.



We have an Association and a Council has recently been formed to act as an umbrella group with the intention of coordinating and

looking after all activities arising out of anthroposophical medicine. Doctors and therapists are encouraged to join this central organization which carries the name: CAHSC - Council for Anthroposophical Health and Social Care. Many have registered but there have been problems mainly around money which has slowed the process down. We hope that in the future CAHSC will help to unite us all and to maintain good standards of practice in our work.

The Eurythmy Therapy training continues to flourish with many students, mostly from abroad. We are fortunate to have an excellent group of teachers running the training.

For us, the World Conference was a great success and the many meetings and rich content of the presentations and courses will continue to nourish our work for a long time. We would like to thank the preparation group most warmly and look forward to another such conference in the future.

Now that autumn is here again we look forward to the Annual General Meeting of the Eurythmy Therapy Association in November. This year we have invited Ursula Ziegenbein and in the new year Mareike Kaiser will come to give us a course on dental eurythmy.

Warmest greetings to you all.

FINLAND:

Anne-Marie Somero
(>amsomero@welho.com<)

In Finland we carried the impressions of the World Conference back with us and continue to work with them. Many of us came to the conference and even our doctor Reijo Kurppa was able to attend. We do not have enough anthroposophical doctors here in Finland!

For eurythmy therapists the conference has enhanced our practical work with the many lectures and courses which served various individual needs. We live far away from each other here.

It was especially moving to meet so many colleagues from the past but also to make new contacts.

Thanks to the Festschrift (Conference Booklet) we are now able to continue our research and study which arose out of the conference.

We already look forward to the 2nd World Conference in a few year's time! A Finnish poet once said, Human beings need one another in order to be human'. This we all experienced at the conference.

FRANCE:

Christina Nidecker
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There are over 40 eurythmy therapists in France but only a few are working full time. Most have another job to fall back on.



Therapeutic work can only be carried out from state recognised training and eurythmy therapy has no legal status. It runs under various URSAF names in the area of "hygiene". So far this has caused no major problems but actually eurythmy therapy may not be practised in a doctor's surgery. There has to be a separate entrance and waiting room. There is also no state recognition as far as finances go so we are all in financial difficulties.

Through a lot of effort more patients have come for eurythmy therapy. There are also courses for doctors, dental eurythmy, translations of the eurythmy therapy lectures etc. The World Conference has also created a strengthened feeling of professional "identity". The research work of Tanja Baumgartner where she showed the effect of the sounds B and L on plants had a big impact on many people here and a report on this in various ecology magazines should bring even more interest.

France suffers under a poor history as regards the eurythmy therapy association. Since the training moved to Switzerland the association has gone into a very quiet phase. There is no newsletter but we do meet twice a year. State recognition is still a big issue but we do hope that this will come about in the form of EU recognition one day.

GEORGIA:

Nino Waschakidse
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The World Conference has given a new impulse to our work together with our doctors.



We have continued to work with the themes of the conference in our study groups and this has also helped us on a practical level in our work with patients.

As before, every Saturday afternoon five doctors who are studying in the eurythmy therapy training course meet together with two qualified eurythmy therapists.

Since the war we have many difficulties

to face. The Waldorf school in Tbilisi had to take in families who were driven out of their villages after their homes were destroyed and they will probably need to stay long after the winter is over. It has also been difficult in the Curative Homes to re-establish rhythm and harmony since the war. In our Clinic (Therapie-Haus) we have many new patients, many need to be treated for trauma after the terrible experiences they have had.

Despite all this our plans for the future remain firm: To continue the work with eurythmy therapy and to strengthen the anthroposophical medical impulse here.

At the beginning of October we begin regular meetings in the Clinic and we will begin a new eurythmy therapy course for doctors. Five have already applied. As always it is our wish to unite the work of the doctor with eurythmy therapy as best we can. We hope for a fruitful working together.

GERMANY:

Barbara Lampe
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There is reason for concern in Germany in relation to the health service which is becoming ever more part of the private sector. This causes a weakening of the goodwill which used to come naturally from doctors and therapists. In January 2008, 7000 general practitioners went onto the streets of Nuernberg to protest and in September 130,000 clinic workers went on strike in Berlin. The political reaction has been weak and new regulations and systems gain strength. New solidarity groups have formed here in order to gain independence (www.artaban.de and www.samarita.de). Great steps have been taken to establish the Doctors Degree for eurythmy therapy at the university of Alfter. Through this and the Amos Training the profession has gained in strength and recognition. We are working together with the artistic therapists to gain professional recognition for eurythmy therapy and to establish a BAG - Artistic Therapy.



The inner, more spiritual side also needs our attention and our working together with doctors always needs strengthening in order for anthroposophical medicine to develop and thrive.

The World Conference gave us new ex-

periences and contacts which help our work in the world.

Since the conference a group has been meeting in the Rhine area to study the Urweihnacht (Christmas impulse) and in Munich another group meets with E. Leiste to study IAO and the strength from the four directions of space (vier Himmelsrichtungen). Through this a connection to colleagues around the world is established on an etheric level. May many people join together to create a common strength which will not be ignored.

Hopefully international exchange and support for each other has become more of a possibility since the conference.

HUNGARY:

Maria Scheily
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Between 24 and 28 October the first Diploma Week of the new Eurythmy Therapy Training will take place in Budapest with 12 participants who will all present their work. And so we hope that many children who attend the 23 Waldorf Schools and 50 or more Waldorf Kindergartens will be able to receive eurythmy therapy when they need it.

All the students of this course attended the World Eurythmy Therapy Conference in Dornach and have continued to study what they learnt there in small groups.

A new initiative for an anthroposophical doctors training has been developed by Henrik Szoeké. He wishes to include therapists in the training in order to strengthen the social connections among therapists.

IRELAND:

Anne Todman
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There is not a lot of change to report within Ireland, since autumn last year, despite the inspiring International Conference in May, which two of us attended.



At this minute we are five therapists here, plus one in training, but this will change, as of these five, one has just arrived in Ireland and will probably only begin working in the new year, and the one with commitments in Bela Russia is planning to go there for a twelve month period from November. That is good news for Bela

Russia but it leaves the eurythmy therapy activity in Ireland much as it was a year ago, and over the past year.

The difficulties of working outside a Camphill environment remain, and there has as yet been no new foray into wider circles of uptake. The medical support is thinning, as one doctor is looking to cut back and we are actively searching for further anthroposophical medical input, possibly on a regular visiting basis from the continent. We hope for this from 2009.

Regular meetings between the therapists have been interrupted since May due to absence because of other commitments and activities, (for myself: participation in an artistic tour in the UK and Ireland) and then the summer holiday season (this is long in Ireland) and are only now re-establishing themselves. I have really felt their loss. It is so clearly important to meet together, not only for the mutual support in our daily work, but also as a stimulus for ideas and other activities together: further training/learning possibilities etc. and to fan the flame of awareness of the eurythmy therapy activity throughout the world. These cannot be pursued effectively in isolation, and the computer, amazing as it is for communicating, is no replacement for personal encounter. We will endeavour to rectify this in Ireland in the coming months, although there is a close connection with the Association in the UK which meetings feed and nourish us, when we are able to attend.

ISRAEL:

Jan Ranck
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Two eurythmists and two eurythmy therapists from Israel attended the World Conference in May thanks to the generous support on the part of the Section Sponsors. On the wave of this impulse, a meeting for eurythmy therapists and anthroposophical doctors is being organized in which reports of the conference will be given. Dr. Meron Barak (Harduf), a long-time supporter of eurythmy therapy in Israel, and the eurythmy therapist Zacharia Wolf (Nazareth) are helping with the organization. This will be the first such conference after a break of many years, and it is hoped that such meetings may take place more regularly in the future.

Several years ago a training in Anthroposophical Medicine was established for Israeli doctors. Nadav Nachtomi

carries responsibility for the eurythmy lessons in this seminar. Dr. Avishay Gershony and Dr. Gil Bar-Sela report that his work is very well regarded, and that they would welcome the future establishment of a training in therapeutic eurythmy in Israel, under the condition that the requirements of the Section can be met and the co-operative support of other eurythmy therapists can be established.

Of the 11 eurythmy therapists in Israel several are not directly active in the field, and at this time no Israeli is studying in the therapeutic training worldwide.

ITALY:

Maria Teresa Fossati/Monika Margesin
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More than half the eurythmy therapists living in Italy were able to attend the World Conference in May 2008. The global awareness thus created lives on as a constant source of nourishment and motivation. The publication of the conference reports (Festschrift) will no doubt add to this and help spread the word even further.



We were pleased to see several newspaper articles about eurythmy therapy appearing in spring. It is our endeavour to bring as much of our research and achievements in the field of anthroposophical medicine to the wider public.

Out of the 25 eurythmy therapists in Italy only 8 are working full time. The others all have other jobs. Because it is still unclear where eurythmy therapy fits in to the state health system we will hold a big conference in January 2009 together with doctors and therapists with the theme: Professional and State recognition!

We eurythmy therapists are making efforts in the field of documentation.

JAPAN:

Kimiko Ishikawa
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In July we met together and shared our experiences of the World Conference. We all agreed that it had left a lasting impression on us and we would like to thank all those who made the conference possible. We found the meeting of 800 eurythmy therapists a great event which filled us all with warmth and enthusiasm. It also filled the Goetheanum with new life. We were able to carry this strength back home with us and to apply it to the work with our patients and children.



The rich content of the many courses and lectures has helped to fill our work with new energy and depth and we see ever more what an effective and powerful therapy we have.

The work together with our doctors has also gained strength. We are trying to found an association and are translating the "Guidelines" and "Professional Profile" documents into Japanese. Also "Eurythmy Therapy in Curative Education/Schools" is being translated.

Around 7 to 8 years have passed since eurythmy therapy began here and the conference made it clear to us that we need to move on to a new phase now. How this will be is open and we remain enthusiastic!

NORWAY:

Friedrun Plementas
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In September a conference was held in Oslo for doctors and therapists with lectures by Dr Volker Fintelmann from Hamburg on the topic: The four main organs. Twelve eurythmy therapists attended. One highlight of the conference was the work together with Erika Molin from Sweden on the theme: Vowels and Consonants.

Unfortunately we have not been able to find a new country representative yet!

Phillipines:

Grace Zozobrado
(>gracecurativeeurythmy@yahoo.com.ph<)

The Philippine Association of Anthroposophic Health Practitioners has scheduled a follow-up of the last IPMT we had in April 2008. The intention is to give a 3-day seminar which will deepen the initial encounter of the new doctors with anthroposophic medicine. The more senior doctors meet regularly twice a month to study together.

From May 2-8, 2009 the Philippines will be sponsoring the Asia-Pacific Anthroposophic Conference and the Asia-Pacific Waldorf Teachers' Conference.

For myself, I have been mainly busy with eurythmy therapy at the Manila Waldorf School. This year, I have taken on the additional challenge of also working with high school students. Right now, I am here in Mindanao to do a series of workshops (together with Michael Burton, a visiting speech formation person and actor from New Zealand). So far we have worked with three different groups: health workers, a mixed group of NGO workers and teachers, and workers in a machine shop. The openness with which the participants have worked with eurythmy and speech has been heart-warming. Over the next three days, we will be working with still other groups in another city.

In a country where poverty and an endless stream of calamities (natural as well as man-made) are very much a part of life, it is a constant challenge to be working as an anthroposophic doctor and eurythmy therapist. Every so often I need to remind myself "one does not live by bread alone."

RUSSIA:

Tatiana Strizhak
(>strikaza2004@yandex.ru<)

Six months have passed since the First World Eurythmy Therapy Conference. Enough time to forget a lot of the impressions made there due to our hectic working life. However the memories remain vivid and lively because we know how important the conference was for anthroposophical medicine and our work. Lectures with the widest of themes. Courses and workshops given by experts in their fields and the amazing meetings with friends and colleagues



from all over the world. It was a chance for beginners to learn from those with more experience and all in all the conference in May was a great success. 30 countries were represented and many new contacts made.

Indeed the conference has left a lasting impression here in Russia as it lives on nourishing our work with new impulse and initiative.

SLOVENIA:

Barbara Berden Skula
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Unfortunately I am the only Eurythmy therapist in Slovenia, which is not easy for me. I would dearly love to have the possibility of sharing with colleagues! Part of my work with eurythmy therapy is carried out in a Waldorf School in Italy.

I hope that in the coming year I will be able to give more news from my own country.

My colleague from Croatia has found a connection to Austria.

It was good to meet so many friends at the World Conference. At least it reassured me that although I am alone here I still belong to a worldwide community of professionals!

SOUTH AFRICA:

Christiane Wigand
(>christianew@netactive.co.za<)

Personally the conference brought renewed strength and confidence to my work. Since returning from the conference the school has seen the necessity of nearly doubling my hours of therapy work.



Julia O' Leary and I meet weekly as colleagues, and much of our shared work has sprung directly from the conference.

The four South Africans who attended the conference recently gave a day's report back to the rest of our colleagues. The next day followed the National Eurythmy Conference (3rd, 4th October). Where 18 Eurythmists came together (our largest number in many years!), where the theme largely evolved around therapeutic eurythmy – consonant studies, 2 therapeutic sequences (as pictures of the illnesses

they are prescribed for) and the 12 soul exercises from the 5th Lecture.

The artistic eurythmists greatly appreciated this sharing and the necessity and depth that the therapeutic work addresses.

At the world conference it was mooted that Titia Jonkermann visit South Africa to support our work here. Titia has now agreed to come in the winter holiday – our summer, and give us a 10 workshop. This is invaluable to us and we have prepared our questions but between 5 of us we must fundraise R1 200, €120. This is a huge task for us and we ask for help and suggestions. (Caroline Hurner)

SPAIN:

Leonor Montes
(>leonor@affinet.net<)

This year we eurythmy therapists did not manage to meet together at all. Yisis Esbar is no longer on Lanzarote but someone new has come to Barcelona. Her name is Sara Pena, she is Brazilian and she made her placement with me. The eurythmy therapists suffer under financial difficulties here and often have to work with pedagogical eurythmy.



In Spain we have long summer holidays, from the beginning of July until September with temperatures reaching 40 degrees. During this time we have little chance to work as most of our patients are on holiday. This means that we actually can only work seven months a year.

In Spain several languages are spoken: Catalan, Basque and Galician. In the schools children learn all these languages so we are confronted with a complex problem as eurythmy teachers, lots of extra "sounds" to master. The anthroposophical doctors training is running and around 13 doctors have already completed the training which is a great help for eurythmy therapy and for anthroposophical therapies in general.

SWEDEN:

Jane Schwab
(>janehamptonschwab@yahoo.se<)

World Conference: 31 eurythmy therapists from Sweden took part in the conference at the Goetheanum. We were 12 who performed the Foundation Stone in Swedish. From the stage in the great hall it was awe-inspiring to look out on the audience realising that they were colleagues from all around the world. The fruits of the conference continue to ripen here in ongoing workshops where we share each other's experiences from the conference and practice the exercises together.



Eurythmy Therapy Training: 8 students have now begun their final placement and will graduate in June 2009.

Future courses: We look forward to 30 April - 3 May. Lasse Wenerschou together with Gerhard Weber will give courses on eurythmy therapy in speech and music.

SWITZERLAND:

Daniel Marston
(>daniel.e.marston@gmail.com<)

At present, out of the 241 trained eurythmy therapists in Switzerland, 179 are actually working.



The Swiss National Council has recently decided to support the initiative "Yes to complementary medicine". Further steps will be made in the new year towards integration in the national movement for complimentary medicine which will enable us to step out of the umbrella group for artistic therapies. This was decided in the members meeting of the HEBV (Eurythmy Therapy Association) in September 2007. This transition into the umbrella group Xund has meant twice as many meetings for the members of our executive committee as there is a lot of new documentation to work through. The most lengthy one being the Guidelines to Method (Leitlinie zur Methode). The higher Exam Level (Hoehere Fachpruefung) - HFP - is being taken. Two colleagues have already completed the first part of this and several letters had to be sent out to our members in order to keep them informed of the many new terms and ideas which this con-

tains. There was also an information sharing event in Bern to which an official from the government educational department was invited.

In order to fully understand these new steps one needs to remember that in Switzerland a fully functioning dual system in education and training already exists and we are fortunate that there is a healthy balance between the academic and practical in the country, both hold equal value. It is an honour to be a part of this cultural heritage and to be included in the life stream of the working people here.

There is a growing resistance to anything which speaks against this like the Bologna treaty which we find far too academic and which causes a weakening of our ideals especially in the area of quality in the training centres.

Our association work with the umbrella group Xund is going well and the first pilot tests for a future HFP (advanced level qualification) have taken place and in autumn pilot projects for the practical training will begin.

Much work has been done and we are involved in a political lobby in the state health department. Something which until now has not occurred in our anthroposophical circles.

A representative from the Canton said to us recently "Your problem is that you are alone in what you do and have no lobby". This has now changed due to the support of Xund with its c. 80.000 members.

How good it is to be able to present eurythmy therapy to the public! This was felt by two colleagues who took part in an information sharing event together with 20 other complimentary therapies in Zurich on 9 September. There were no problems relating to one another, indeed a wonderful mood of respect and tolerance was experienced. Also the way we were received by the public who are really seeking our form of therapy was heart-warming.

Colleagues in the Basel area are planning a similar event on 1 November and feel inspired by the enthusiastic response felt in Zurich!

USA:

Jeanne Simon_MacDonald
(>knollhouse@fairpoint.net<)

We send best wishes from North America! Over 30 eurythmy therapists from here were able to attend the World Conference for Eurythmy Therapy in

Dornach last spring. That was an incredible experience for us on many different levels. The depth and quality of the lectures and workshop contributions was astonishing (and I will say more about this in a moment). There were many meetings with dear friends and colleagues from all over the world. We are now a world movement! The conference was truly a celebration of eurythmy therapy and eurythmy therapists too. We want to express our gratitude to those who had the foresight to plan this conference and had the will to carry it out!

Now I will say a few words about the work in North America. TETNA, our Eurythmy Therapy Training in North America began with a new group of students this past summer! ATHENA, The Association for Eurythmy Therapists in

North America received another grant from the Glenmede Foundation to support eurythmy therapy in the Waldorf Schools here. Last year grant monies from Glenmede and other sources helped towards attendance at the Dornach conference. These funds offer seed money for new eurythmy therapy programs for Waldorf schools, payment for lecture/demonstrations for parent communities and help toward funding national conferences. We have invited Rachel Ross to work with us this coming Easter. She is active as eurythmy therapist internationally – training and working with remedial educators. She is very experienced with observation of children's conditions.

Through the workshops we attended during the Dornach conference we have collected a list of colleagues we would

like to invite to work with us here! This rich source of inspiration will deepen and strengthen our work over the next years. Together with the anthroposophic physicians in this country we will be co-sponsoring a conference with Dr. Broder and Elke von Laue (time and place are under consideration). We are excited about that, and also about the translation of their book "Zur Physiologie der Heileurythmie" into English. We imagine this to be the first of the invitations to colleagues around the world to come to us here – so many more North American colleagues can experience their work. We hope to be able to maintain the communication with you all that proved so enlivening in Dornach!

Submitted by Jeanne Simon-MacDonald for the colleagues in North America

NOTICE BOARD

Inaugural Meeting

ACADEMY FOR THERAPY AND ART on an Anthroposophic Basis

The foundation of a registered association of the therapeutic training (eurythmy therapy, art therapy, rhythmical massage) was executed by written and financial statement of will in Dornach/Switzerland on November 20, 2008.

The training institutes intend to combine their activities on the administrative and organisational and curricular level. By that they try to use synergies and be able to achieve further quality development and official public recognition of their training.

„What lives between me and you? Do we do each other justice?“

Working meeting of legal professionals and mediators in the Social Scientific Section in Dornach, November 21 - 23, 2008

The main topic was how we can become more aware of the communicative level between people and how we could train them – apart from being sure about the law (binding law = instructions, interdictions, rules of the game).

For two days, this was practised using an example. It became quite clear that it affects the human interaction on a social-artistic level (binding agreements in a process of dialogue). It is worth while to work on this direct osculation point between the legal sphere (perceptive heart organ) and the eurythmy.

Eurythmy Therapist for South India Wanted

Mrs Veera Panch (MD) - doctor in South India – is urgently looking for an English speaking eurythmy therapist for the Waldorf School in Madras/South India

Contact: >veerapanch@gmail.com<

The Threefold Cooperation of Eurythmy Therapy – A Challenging Future Task

Forum/Network Eurythmy Therapy

**„Truth experienced together in community
Becomes cosmic force in human striving.“ (R. Steiner)**

Watching from above, looking at the lively implementation of eurythmy therapy as a whole, you can see this picture which was developed through a year's dialogue between doctors and eurythmy therapists. It had accompanied us as a poster during the First World Conference in May 2008.

Many different levels can be seen in this poster:

If we look from the angle of anthropology, as illustrated in Steiner's sketch of the rhythmic system of the head pole and the metabolic/limb system, this corresponds on the soul level with thinking-feeling and desire.

From the angle of the social shaping field we know the threefoldness in the spiritual sphere (individual) – legal sphere (equality) and the economic sphere (collaborative).

In the field of our professional life we have got training/research (international), the professional associations (national) and the specialised fields of work (regional).

Every field itself is subdivided, even if its focus lies on one special task. The other two accompany and support this task.

Thus, the nerve-sense pole (training/research) has always got a – subsidiary – metabolic share (economic sphere). The heart representing the rhythmic system (professional associations) has got the task to mediate between the head pole (training) and the practical eurythmy therapeutic activities (specialised fields of work) and to shape cooperation and exchange.

In this sense, the poster above could



become a guideline for everybody and for every institution/organisation within the context of the profession of eurythmy therapists.

Along this guideline, the reports from the working year 2008 will be compiled.

**We can be found on the internet:
www.medsektion-goetheanum.org**

On that site please navigate to the following area:

Internationale Koordination, IKAM Fachbereich Nr. 13, Forum HE

Eurythmy Therapy within the Medical Section

International Annual Conference of the Medical Section

September 2008 was the second time that we offered an international meeting of various anthroposophic therapies in collaboration with a doctor within the Annual Conference of the Medical Section. Last year, we had focused on migraine, this year we started on the first chapter of "Fundamentals". Together with 40 participants, we worked on imagination, inspiration and intuition from the angle of medicine, therapeutic speech and eurythmy therapy.

Feedback of the Annual Meeting of the Medical Section International Research Council

Within the Annual Conference of the Medical Section, the International Research Council held its meeting from September 19 - September 20, 2008 at the Goetheanum in Dornach. The main topic was: The development of International Anthroposophic-Medical Research.

In this meeting, the different countries and institutions had the possibility to present their projects, structures, developments, and strategies. After the introduction by Helmut Kiene about "How Does Anthroposophic Medical Research Develop - Persons, Institutions, Infrastructure: Experiences from the past 20 Years", Harald Matthes presented "The Master Plan of the Software AG Foundation - a Development Model for Other Regions?" Starting point had been the recurrent question: "Which research has to be prioritised?" Eurythmy therapy or other researches? Where should the available research means go?

Out of that question the master plan was developed.

In the European Union there is a project to introduce five professorial chairs/ professorships for anthroposophical medicine. The good presentation of the international research plan convinced the Software Foundation. Their decision was based on the possibilities for the development of international research.

The second day was the evaluation of possibilities for research grants in the European Community. Anthroposophic Medicine has to find the way to contribute if it wants to influence the decisions on an EU level. Then Ricardo Ghelman spoke about the situation in Brazil.

In responding to my inquiry Helmut Kiene mentioned that eurythmy therapy was not included in the master plan. Perhaps that could be changed. If there are plans for 5 chairs for anthroposophic medicine in Europe, eurythmy therapy should be included in future. In my opinion an institute affiliated to the five professorships is more suited for eurythmy therapy than a separate chair. More information will be available after the Research Council meeting in Alfter at the end of November.

Christina Nidecker

Exchange with the Representatives of the International Federation of Anthroposophic Medical Associations (IVAA)

The presentation of different eurythmy therapy approaches at the international meeting in September 2007 had led to a lively exchange of letters between Broder von Laue (MD) and Lasse Wenerschou. They will be published next year.

This year the exchange with the representatives could be continued. Focus was on the World Conference for Eurythmy Therapy in May 2008 and its identity creating impulse for continued work. It has become clear how important cooperation is. There are already professional associations in 10 countries and they represent and protect eurythmy therapy internally and externally.

In those countries, where this protection has not been implemented yet, the cooperation with the doctors is crucial to the survival of eurythmy therapy and the active eurythmy therapists.

It is helpful for our profession, that the contact with the representatives of IVAA has meanwhile become a "good old habit". Thus awareness is raised and all eurythmy therapists can profit.

International Delegates and Specialised Working Field Representatives Meeting

This year's delegates meeting was the internal overture of the World Eurythmy Therapy Conference in May 2008 in Dornach. All 30 representatives of our whole network were present. It was a touching and very special moment. It was truly "world encompassing" - it was actually visible!

First we started to move and meet each other in the zodiac circle and the planet circle. Then we envisioned how the Forum Network Eurythmy Therapy is an awareness network. Its existence and life is only enshrined in the activity of every member of the community. The close relationship of the country representatives promotes the whole professional community. This is living spiritual globalisation.

Our lively network was presented on the stage on the second conference evening. A general rehearsal before had led to a serene and creatively presented event. Every country representative was joined by representatives of the fields of practice and the audience was greeted in the mother tongue of the representative.

Thus we could hear all the languages and we got a picture of much movement in all the countries.

At the end of the evening, three new countries in the network took the floor (Belgium, Slovenia/Croatia and Denmark). At this point we would like to welcome them again.

The 2009 Conference of Delegates will take place during the annual conference of the Medical Section in Dornach on September 19.

Training and Research

From the International Training Group

Nine training groups in five countries awarded their students an accredited eurythmy therapy diploma in 2008. We are pleased to welcome 60 new colleagues in the international professional community. We wish them a good start and a lifelong learning.

The international training group held its meeting from 7 till 9 November in Dornach. Among continuing work on the joint framework curriculum, portfolios of each school enabling an enhanced comparability were further developed. Mutual partnerships assisting in self evaluation were decided – and a potential participation in an auditor training to be implemented within the Medical Section (for all professions).

A "catalogue of criteria" will be developed as a framework guideline in order to clarify the urgent issue of training mentors.

In an open way the community of the training group within the Medical Section was dealt with. It is the central international group within the profession of eurythmy therapy because it is this group which is trying to achieve the individual quality of training and at the same time the comparability of eurythmy therapists all over the world. This pertains directly to the national professional associations and the regional specialised fields of work. A new and clear step has to be made in order to give the necessary and right space to the developed structures and enable research for all eurythmy therapy initiatives within the free spiritual life.

Eurythmy therapy exchange was practised on the basis of the "cancer sequence".

Eurythmy Therapy Training at the Alanus Hochschule

Last year we could inform you that the first master course in eurythmy therapy had started at the Alanus Hochschule, Germany, in September 2007. This year, in September, 14 colleagues finished their studies receiving a "Master of Arts in Eurythmy Therapy". The final examination including demonstration lessons and presentations of scientific studies made clear what the requirements of a university study are. To learn how to put questions and to reflect on their own activities can be seen as a new quality of eurythmy therapy, as a kind of seed bed. The colleagues just start their working life as eurythmy therapists. However, they are well equipped regarding anthropology, medicine and eurythmy therapy, and they have learned to see their own activities within a more global context.

It was a special pleasure that at that time Annette Weisskircher had been appointed first Professor for Eurythmy Therapy. Annette had to absolve a hard and protracted examination procedure. She had to demonstrate her ability to develop the Masters Degree Programme, as regards the contents and the organisation. Now she has taken the title and this programme has to be filled with content. University means: Commitment to research and teaching.

The first public international Research Symposium for doctors and eurythmy therapists took place at the Alanus Hochschule from November 28 till 30, 2008. Many different scientific approaches were presented, participants put critical questions, exchanged information and were looking for future ideas.

Also in September 2008, the on-the-job „master course“ for trained eurythmy therapists started with 20 colleagues from many different countries. (There were also 20 applicants who had to be referred to a possible repetition of the course.) The course will deal with how to critically analyse what has been learned and to analyse it together and how to continue learning and working by reflection on acquired habits. A precondition is to be prepared to learn from each other. This could lead to acquiring a masters degree.

Angelika Jaschke,
Annette Weisskircher

Eurythmy Therapy Training in Great Britain

In our teaching in the training we put a lot of effort into how we teach, not only what we teach as this is so important when working with a patient. Shaina Stoehr, one of the course carriers, did a paper for her MA in the subject of how one teaches social competence in a eurythmy therapy training. She sent out questionnaires to our current students as well as to Alumni. The feedback confirmed much of our teaching approach and gave us further ideas about what we can change.

In the group of eurythmy therapy trainers we recognised the need for helpful conversations with at least one other training and at the moment our training is in close connection with the Alanus training in Alfter.

We are lucky to have Isis Brook, a lecturer in Goethean science at the university of central Lancashire, to do an assessment of our training, helping us to evaluate it so that we can make further changes for our development. She will join us for some sessions next spring and have individual and group conversations with students and teachers. This is an exciting new step for us all.

Ursula Browning, Shaina Stoehr,
Patricia Mulder

Report on the Eurythmy Therapy Training for Doctors

Doctors take work from Eurythmy Therapists! – Do Doctors really take work from the Eurythmy Therapists?

During the 18 lectures given by Rudolf Steiner in January 1921 he spoke about "The connection between astronomy and the different realms of natural science." (GA 232) "Doctors must work together with mathematicians (...). They will not be able to understand embryology without astronomy and vice-versa. (...) They must leave the realm of space".

This was clarified with the example of the curve of Casinni by two eurythmists who were invited to the lectures: Elisabeth Baumann and Erna Wolfram, (later van Deventer). We know this as „We seek one another - We feel near to one another - We know one another well".

Did Rudolf Steiner hope that through their movement experience the two would have understood what it means to "leave the realm of space"? Was it his hope that they would be able to build a "bridge" of understanding between mathematicians and doctors?

We know about the deep questions which arose out of the lecture cycle and which were then put to Rudolf Steiner by the two eurythmists and the doctor Henrik van Deventer. Dr Deventer asked Steiner about the "healing" possibilities in eurythmy and Steiner responded in April 1921 with the lectures: "Therapy in the light of Spiritual Science" and the "Eurythmy Therapy Course". The doctors who attended the lectures practised the new exercises which Rudolf Steiner gave and which were demonstrated by Elisabeth Baumann and Erna van Deventer.

"The precondition for a career in eurythmy therapy is first to have a thorough grasp of artistic eurythmy. Only then can one move on to eurythmy therapy". (Rudolf Steiner to Erna van Deventer in "Schriftenreihe der Arbeitsgruppe Heileurythmie" vol 2, page 11)

"I have said from the beginning that eurythmy therapy should really be practised by doctors or at least in very close connection to doctors". (Rudolf Steiner 28 October 1922 in Stuttgart. GA 313/315)

Two "streams" are brought together here: One from the past (doctors) and one from the future (eurythmy therapists). Both are needed to meet the patient in the present.

This impulse from 1921 has been taken up by the leaders of the eurythmy therapy training in Unterlengenhardt where doctors and eurythmists have tried to work intensely together for the benefit of patients.

During the 3 year part-time training it is the goal that doctors become competent colleagues with eurythmy therapists and even be able to carry out the exercises with their patients themselves. A diploma may then be granted by the Medical Section at the Goetheanum with the following format:

"Diploma for Dr. Born... in ... studied eurythmy therapy part-time between ... and ... and is able to prescribe eurythmy therapy and to practice it within his/her doctor's practice."

The training runs for 6 terms and each term a lecture is studied from GA 315. Both a theoretical and a practical approach is taken with students being asked to give presentations and to study the Eurythmy Figures. The "sounds" are studied and in groups of 8, the students discuss the basic elements of eurythmy therapy.

The first training course with 45 doctors ended in October 2007 with 8 days of presentations. It has already become

clear that after the training, doctors are much more able to prescribe eurythmy therapy and to collaborate with therapists. As one participant said: "Before the training I didn't need a eurythmy therapist, now I need two!"

In conclusion, doctors are happy to be able to prescribe and even carry out eurythmy therapy exercises with their patients. However this could result in work being "taken" from eurythmy therapists - the title of this article.

Please let us know if this is the case or speak directly to those concerned. We will be happy to advise.

We will gladly tell you which doctors in your area have completed the training:

g.web@paracelsus-krankenhaus.de
Tel.: Frau Gabi Weg 07052-925-9360.

Dr Sabine Sebastian

for the College of Teachers

Eurythmy Therapy Training,
Unterlengenhardt, Germany

Diploma Conferments in 2008

Dornach, Switzerland	March	4 Students
Prague, Czech Republic	March	4 Students
Wanderstudium/Link	March	9 Students
Unterlengenhardt, Germany	April	2 Students
Moskow/Molin, Russia	July	13 Students
Alanus Hochschule, Germany	September	14 Students
Witten-Annen/Basold, Germany	October	3 Students
Budapest, Hungary	October	12 Students
Pforzheim, Germany	December	5 Students

We are pleased to welcome 60 new colleagues in the international professional community.

Professional Associations in Europe

The annual meeting of the Professional Associations in Europe took place within the International Annual Conference of the Medical Section in Dornach on September 30.

Within the life of the Professional Associations there is the space for national and communal agreements. It is necessary to find a common inner will. Within the threefold system, the professional associations correspond with the heart being a mediator between research/further training/quality standards and the everyday life with its problems, financial accounting possibilities and the judicial protection of the members.

Already for several years, the boards of the Associations exchange information about those topics. On one hand, the European Health Care System is more and more influencing national circumstances. On the other hand, there is a joint public appearance of Anthroposophic Medicine through the Medical Section.

More and more sensitivity and a sense for the whole is needed in order to see what makes sense on a larger political-strategic level (which might lead to generalizations) and what steps would then be necessary at a national level in each country.

We went to great lengths over 5 years to develop a joint professional profile for eurythmy therapists and in 2006 we finally adopted the profile – always with the option of further developing the profile.

The Professional Profile of Anthroposophic Artistic Therapies, another strategic presentation (generalization) of our joint anthroposophic approach is now under an even broader umbrella which has been developed over the last 2 years together with the Associations of Art Therapy in Europe. The group would like to open up this joint description of capabilities of anthroposophic therapists next year and to invite all the countries which feel addressed by that to sign. Our intention is to achieve an international appearance of our anthroposophic therapeutic professions. By that we will not be relieved from the responsibility to take national steps, but we will be enabled to develop a joint public appearance within the system of Anthroposophic Medicine. This

joint appearance will not bail us out of internal questions and disagreements. However, they have to be dealt with at another place and putting the question in a different way.

The development of joint ethical guidelines for the profession of the eurythmy therapist is another field the board

members have been working at for two years. The work for the following two years will be the agreement on joint ethical guidelines. In 2009, the meeting of the board members will be held on 18th September in Dornach.

International Adresses (September 2008)

Professional Associations

DEUTSCHLAND / GERMANY

Berufsverband Heileurythmie Deutschland

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E-Mail: sekretariat@berufsverband-heileurythmie.de
Barbara Lampe (LV)¹: BLampe@klinik-lahnhoeh.de

ENGLAND

Eurythmy Therapy Association of Great Britain and Northern Ireland (ETA-UK)

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FRANKREICH / FRANCE

Oevrons pour la Santé par l'Eurythmie (OSE)

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Associazione Italiana di Eiritmia Terapeutica (AIET)

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Monika Margesin (LV): monika.margesin@msoft.it

NIEDERLANDE / NETHERLANDS

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USA

Association for Therapeutic Eurythmy in North America (ATHENA)

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¹ LV = country representative

Areas of Work

All practising eurythmy therapists are active within at least one of the 6 specialised fields of work (kindergarten, school, curative education/social therapy, clinic, free practice, seniors). Here eurythmy therapy lives within daily practice, in cooperation with the doctors and the patients. Here every eurythmy therapist realises his/her objectives and proves him- or herself, here they earn their money and get the experience how eurythmy therapy incarnates on the earth.

Some years ago it became obvious in Germany, where over 600 eurythmy therapists are active, that each field of work needs and uses its own dynamic, issue and way of working. Thus the first representatives of fields of practice were implemented in the Extended Board. They organised further training for their own field of work and promoted mutual exchange.

Meanwhile the meetings of school eurythmy therapists or the colleagues within the curative education/social therapy and kindergarten (first seven years) have become an inherent part of internal further training. Working as the co-ordinator I have also passed on this impulse to other countries and it is developing well in Austria, Sweden and Switzerland.

Further enquiries reach the German representatives of fields of practice from overseas. It is necessary to clarify again if and how a cross-border cooperation within a field of practice could be implemented. We will have to deal with this issue next year.

Eurythmy Therapy in the First Seven-Year Cycle (Kindergarten):

Elke Neukirch
(>elke.neukirch@web.de<)

This year our work was influenced by our first World Conference for Eurythmy Therapy. Everybody who had been able to participate felt glad and enriched by this event.

Eurythmy therapy in the first seven-year cycle was represented by Adelheid Charisius, Jorinde Stockmar and myself. Working together with my colleagues in a wonderful way has made our wish to think about a bigger conference for eurythmy therapy in the first seven-year cycle more tangible.

Delving into the anthropological issues of this age leads to a more and more precise diagnosis of the current developmental problems which show

themselves within movement, speech, imitation and attention. The work on the effect of the primary forming forces of the vowels and consonants has been deepened through dealing with the childhood forces. With the help of anthropology a growing insight into the connections of developmental disorders can be achieved. Thus eurythmy therapy can be practised in a more differentiated and subtler way.

Cooperation with the kindergarten movement could be deepened and broadened this year. The intensity and continuity of our work yields obvious fruit. The openness and appreciation of eurythmy therapy has increased a lot and the field of work is becoming a fruitful basis for our work. Unfortunately, there are still many kindergartens which have to do without a eurythmy therapist! It is necessary to build up more fields of activity.



ELIANT - campaign to strengthen the cultural diversity in Europe

600.000 signatures have been collected up to now. 1 Million are necessary to have a vote in Brussels as a civil societal NGO (Non-Government-Organisation).

ELIANT is working – in cooperation with other NGOs -, to ensure that European legislative framework conditions are created which give people real diversity of choice when making decisions that affect quality of live and cultural diversity!

We will achieve our goal if everybody sends back three more signatures!

Working Initiatives

Documentation

Working together over several years, Anja Meierhans and Wilburg Keller-Roth (MD) from Switzerland and an accompanying working group have managed to develop a documentation guideline for eurythmy therapy. It was published in English and German on the occasion of the World Conference for Eurythmy Therapy. It can be down-loaded on our web site of the Medical Section under no 7: Publications from Research and Documentation of Eurythmy Therapy and tried out in one's own practical work. The URL is:

<http://www.medsektion-goetheanum.org/?p=31&art=15>

Dental Eurythmy Therapy

Certification of Dental Eurythmy Therapy

It is necessary to participate in 6 different courses in order to accomplish a certified further training in dental eurythmy therapy. It is not necessary to attend in numerical order and the courses are not solely based on one place of training.

6 Qualification Courses

Mareike Kaiser

(>mareike@kaiser@gmx.at<

The first further training courses for dental eurythmy therapy began in France (2) and Austria (1) in October 2008. A first course (2) will be held in Hungary in November.

A fifth seminar on the zodiac circle and planet forces in the teeth and front tooth malposition will be held in Switzerland (Aesch) in January 2009. At the same time the second course will be held in Austria.

The first course will start in England in February (course 2, 3 and 4 are likely to be held during the summer holidays in the course of one week).

The introduction seminar (1) with Claus Haupt is likely to be held in Paris at the beginning of March. Courses will start in Italy (Milano) in May. The last block will be in Aesch (course 6). The third course will be held in Paris at the end of June.

Course 1: Introduction seminar: The nature of the teeth (Claus Haupt and Mareike Kaiser)

Course 2: Mandibular retrusion, off-spring and cross bite (M.K.)

Course 3: Deep bite, open bite (M.K.)

Course 4: Crowded teeth, spaced teeth (M.K.)

Course 5: (see above) (C.H. u. M.K.)

Course 6: Front tooth malposition (M.K.)

Finances

All the country representatives were present at the World Conference for Eurythmy Therapy and we could talk about the financial side of the existence of the network. We exchanged information and consequently for the first time we got a good financial basis based on communal solidarity for the year 2008.

A heartfelt thank you to everybody for that. To bring about the World Conference was a huge financial achievement. Additionally, the documentation and its translation had to be managed alongside other ongoing expenditure.

We have all experienced the strengthening of the individual, if we promote an ideal, a joint and tight relationship on the basis of solidarity. This can only be achieved by awareness and financial contributions. We have renewed our agreement that every eurythmy therapist will donate the income of at least one therapy session per year to the network (see below the bank details). A detailed financial report of the Forum/Network will be available within the report of activities at the beginning of next year.

Please note that all the texts without any author's signature are written by Angelika Jaschke.

Competence Group on the Issue of Mentors

An experienced group of eurythmy therapist from the fields of training, professional associations and fields of practice from Germany and Switzerland met in July 08 in order to work on the large number of concepts already developed on the question of „the major six month for the placement“.

Complaints came in increasingly from all sides: Places for work placements are missing, the mentors are not sure concerning their rights and duties. They are not prepared methodologically, the students feel over challenged or not challenged enough and do not know their rights and duties either.

The competence group made a first step and tried to screen the existing material. Further steps on the issues of training of mentors, finances and the actual implementation will follow.

The major placement is part of the practical part of the eurythmy therapy training. It has become a wide ranging issue because foreign students are increasingly looking for a work placement in Germany or Switzerland.

The international bank details of the Forum/Network:

Volksbank Dreiländereck EG
Med. Sektion / Förderstiftung AM
Account Number: 970760
BLZ 683 900 00
IBAN: DE92 6839 0000 0000 9707 60
BIC: VOLODE66XXX

* Purpose (important!): **1258 Forum HE**