



International coordination
Anthroposophic Medicine/IKAM
Eurythmy Therapy Coordination: Angelika Jaschke

# Eurythmy Therapy Forum/Network Newsletter No 7, December 2009

#### **Leading Thought**

"The healthy social life is found, when in the mirror of each human soul the whole community finds its reflection, and when in the community the virtue of each one is living." The Motto of Social Ethic by Rudolf Steiner

Out of the strength of these words we actively build the substance of our Eurythmy Therapy Forum/Network. A social Organ which only exists through our common goal and combined efforts.

#### Organigram of the Medical Section's Eurythmy Therapy Forum

The image shows all the fields of work throughout the world, embedded in the eight associated professional groups within the Medical Section. (It does not show the important areas of the medicines and their manufacture; nor does it show the clinics or European and international political representation.)

The organigram of our profession represents something living which is continually in a state of change; it therefore shows the situation at just one point in time.

The **trainings** are changing; new training impulses are joining the work and others are being restructured. They remain the source inspiring our profession with their research.

The professional associations and country representatives form the heart, through which cohesion can come about in a country and communal agreements be made for the good of the whole.

Through work in the six **fields of practice**, eurythmy therapy enters the world for the benefit of patients, and unites with doctors and other professionals in an interdisciplinary collaboration for effective anthroposophic therapy.



#### From the Medical Section

www.medsektion-goetheanum.org

## Public relations out of inner necessity

..."The present age can no longer tolerate any tendency towards secrecy. This presents us with a fundamental problem which we shall have to resolve... How can we combine full openness with the profoundest, most serious and inward esotericism? ...

.."Consider the following, my dear friends: We stand in the world as a small society, and this society has a peculiar destiny at present. Even if it wanted to, it could not reject this characteristic of openness which I have been emphasizing so strongly. It would be unable to reject it. For if out of some leaning of sympathy we were to decide today to work only inwardly with our groups, which would of course be very nice, if we were not to concern ourselves with the public at large, we would discover that there would soon be an increasingly inimical concern for us on the part of the public. The more we fail to concern ourselves with the signs of the times, the more will be the inimical concern for us on the part of everything that can possibly be against us." Rudolf Steiner (The Christmas Conference for the Foundation of the General Anthroposophical Society, [Translated by Johanna Collis] 26.12.1923 GA 260).

In the coordination group of the Medical Section (IKAM), we have been focusing on the tension between what Rudolf Steiner wanted to inaugurate in the Christmas Conference as a new spiritual impulse with the establishment of the Sections, and how our work may be perceived publicly in the right way.

In September we were able to publish for the first time an organisational diagram (organigram) of IKAM showing the guiding ideas, inner structure of responsibility and method of working; it is now available for collaborative input from the wider circle of colleagues. (It is available in English and German from Angelika Jaschke or the Medical Section.)

In the same way as in the Section, we in the Forum/Network are concerned with a spiritual social structure based on the power of initiative of many individuals, for whom the essential network uniting them is to be found, not on the earth, but in spiritual work.

An international brand name, "Anthro-

Med®", has been developed through the initiative of the Association of Anthroposophic Clinics, in order to protect the whole anthroposophic medical movement; it has since become legally protected as a registered trademark. This gives us collective brand recognition (similar to "Demeter", "Wala", "Weleda", "Steiner Waldorf School" or "Mercedes"). All the different professions within the Medical Section can acquire this trademark following an admission procedure.

In our eurythmy therapy movement, both the recognised trainings who wish to and the professional associations will go through this admission procedure. The outcome will be that every training and every individual eurythmy therapist who is a member of a professional association will be able to present themselves publicly under the Anthro-Med® international trademark. This is a trademark which requires our connection to an inner spiritual content and which promotes us through public representation.

The 2009 Annual Conference of the Medical Section (17–20 September) focused its international and interdisciplinary work this year on the many-sided therapeutic contribution of anthroposophic oncology. This meeting of nearly 800 therapists, doctors, producers and researchers was marked by the intensity of our work together.

Over the last year, interdisciplinary research took place into the different

therapeutic approaches to the human being suffering with cancer; this has just been published [German only so far] in "Der Merkurstab" No. 4/2009 (July/August 2009) @ €18: http://www.merkurstab.de/index.php5?page =108&lang=0&ausgabe=384

The theme of the 2010 Annual Conference (16–19 Septem-

ber) will be rheumatism. (Eurythmy therapy colleagues who would like to share their experiences are invited to get in touch with Angelika Jaschke by the beginning of January 2010 if they wish to offer a course.)

The 2011 Annual Conference (around 15-18 September)

is being planned as a public conference of the School of Spiritual Science for the 150th anniversary of Rudolf Steiner's birth.

We would like to thank both the authors and all those who helped with this newsletter:

translations: Daniel Maslen, David Macgregor, Regina Delattre

layout: Regina Delattre

proof reading: Irmgard Sodenkamp

Please note that all the texts without any author's signature are written by Angelika Jaschke.

**ELIANT** – our joint effort to get a million signatures and gain a voice as a non-government organisation (NGO) in Brussels is in its final phase. If every eurythmy therapist can get all their patients to sign up (after all, they find our therapeutic assistance valid and beneficial), then we will be able to clear this decisive hurdle. Link: www.eliant.eu



#### **Eurythmy Therapy within the Medical Section**

"Most things are still to be done – what a wonderful future!" (unknown)



# What we have achieved during 2009 Training Auditors' Training Self-evaluation (in progress) Professional Associations International Professional Profile (Eurythmy Therapy and Anthr. Therapeutic Arts), General Principles Fields of Practice Schools, Early Years Settings, Curative Education/Social Therapy, Clinics, Independent Practicioners, Elderly People, Building up and Expanding Collegial Working in Europe (in progress)



The regular poster presentation during the annual conference at the Goetheanum underwent a fundamental change through our World Conference of 2008. The great banner on which our nine-fold existence, spititual-anthropological and social, was depicted — partly as a vision of the future and partly already experienced in a very real way — has this year become a poster which gives a picture of our activities in the various countries in the shape of an organigram. Between these two we have shown our achievements in 2009. We will bring this middle part up-to-date each year.

#### International Delegates' Conference in Dornach, 19 September 2009

Twenty-eight eurythmy therapy colleagues in positions of responsibility came together from around the world for the seventh international delegates' conference. This is prepared each year by the advisory group and is the living heart of our professional community, the Eurythmy Therapy Forum/Network.

Apart from the short reports from the different countries (see below) and fields of practice, we concerned ourselves with several very concrete issues this year. The mood was one of crossing a rubicon.

The main focus was on issues of the delegates' understanding of their role — whether they represented a country or a field of practice or work. So much is needed in the way of information

provision, independent initiative, enthusiasm, awareness, passion for the cause, the trust of those who "stayed at home", in order to bring rhythmically pulsing movement into the link between periphery and centre, between centre and periphery, and to maintain and sustain this!

It became clear how much open communication with one's colleagues at home is needed, so that they can endorse and support the mandate entrusted to one. Because we have consciously chosen to work with a republican principle which supports initiative and ability, rather than a democratic voting system, its success depends on a broad-based culture of agreement in the different countries.

Thus the idea of "individualism as a social principle" in our international community building occupied us at different points when the conversation turned to matters concerned with substance and content.

A Michaelic community proceeds from a consciousness that is capable of forming an overview and, arising from that, from the free will of many individuals. It presupposes in the first place an encounter between human beings to build up a culture of trust; secondly information and transparency, so that a capacity for judgment may be formed; thirdly interest in the "will of the other" through shared conversation on the issues at hand - and the common goal which arises as a result (a feeling for spiritual community); and fourthly working to realise that through the initiative and responsibility of each individual.

The Delegates' Conference and our Newsletter are directed toward enabling us to take part in this process in a sharing and reciprocal way. The importance of sharing and exchange between those carrying responsibility, and of written information going to every

single eurythmy therapist throughout the world, has become clear. Only thus can the pendulum swing between the periphery with its impulses and the sensing centre where inspiration may arise.

#### Coordination

What would be the point of coordination if there were not people with initiatives who wanted to see them realised in a context of community — people who see that time is a stream, whose power and course are formed by the union of many and whose direction of flow is ever onward?

The work of a productive coordination service includes: being aware of and bringing together the many very diverse activities; raising awareness of the shared stream; communicating; accompanying; helping where help is needed and wanted; and improving transparency and increasing trust among us.

The motivation is always to promote the whole, so that the community can make its contribution and the individual bring all their initiative to bear in the best possible way — to the benefit and for the progress of the whole.

The ,spiritual globalisation' of our network in the Medical Section's Eurythmy Therapy Forum has developed over the last few years and been helpful in many situations. In the trainings, professional associations and fields of practice, forward-looking developments have been stimulated and are in course of implementation. Vistas of the future are opening and can be experienced.

One result of all this is that the administration can no longer be managed by the coordinator on her own — she is a

eurythmy therapist and wishes to remain one. In September 2009 she had the good fortune to welcome a new assistant — Regina Delattre. She has already been involved over the last few years doing the



beautiful layout for the Newsletter and made an immense contribution behind the scenes at the World Eurythmy Therapy Conference. She is an interpreter specialising in English and Russian and has a wealth of experience in administration.

We would like to thank her most warmly for her willingness to contribute to our professional movement and for her commitment!

#### **New Website**

From December 2009, the Eurythmy Therapy Forum/Network will have its own website with a corresponding new email address:

www.forumhe-medsektion.net

The email address will be:

ajaschke@forumhe-medsektion.net

and/or

#### info@forumhe-medsektion.net

All our basic standard documentation will at last be available worldwide for downloading in English and German. Important articles and information on conferences and publications will be posted there.

There will be a link from our little website to that of the Section, of which we continue to remain a constituent part.

## Finances/ bank account details

Many thanks to those around the world who have shown their solidarity and goodwill by their support, including financial, for the joint work of the whole international professional community. Spiritual life cannot be healthy unless it is firmly rooted in the economic sphere! We are on the right path toward shaping healthily our cultural mission, the economic conditions for its incarnation on earth and our social relations with one another.

Although motivating people to support the Medical Section and Eurythmy Therapy Forum/Network out of conscious insight requires intense awareness and a huge effort on the part of the national delegates and many other friends, every year anew, we have become convinced yet again, in our joint meetings, that this effort of awareness is worthwhile! It empowers us, because it arises from the conscious, faithful deeds of many individuals — rather than from a semi-conscious inflow of membership contributions.

It seems to us a good idea to aim at including something about the overarching work of the Section and the Forum/Network in the newsletter of each country's professional association — otherwise it might again escape our notice!

The introduction of a "support contribution" at all courses of further training was also encouraged; this is already being implemented regularly in some cases. In this way Erika Leiste was able to balance last year's deficit through some individual donations from doctors and the support contribution from the conference on eurythmy therapy in schools. We are continuing the obligatory/voluntary annual support contribution to the Medical Section and Forum/Network to the value of one therapy session. (Where this is not possible, one could always add a support contribution of one euro/dollar/franc/krone/pound/yen/rand...)

Our Medical Section bank account [in Germany] for eurythmy therapy is:

Volksbank Dreiländereck EG Med. Sektion / Förderstiftung AM

KTO: 970760 BLZ: 683 900 00

IBAN: DE92 6839 0000 0000 9707 60

**BIC/Swift: VOLODE66** 

Reference: 1258 + country + year.

# Training/Research Further Training, Professional Development

The same questions came toward eurythmy therapy in three different overarching groups over the course of the first half of the year.

The German umbrella organisation (**DAMiD**) has decided, in a gesture of communal support, to document the training landscape of all the therapeutic professions in anthroposophic medicine (as far as possible throughout Europe — world-wide would be even better) and publish the results on the internet. To this end, it will be necessary for the different trainings to present themselves by responding to a questionnaire and describing their requirements for entry, how the course of training proceeds and what form the graduation takes.

Another unrelated decision was made in January 2009 in the coordination group for the profession (IKAM). Because of the increasing frequency of questions about what a diploma vouches for in terms of quality, we have decided that all trainings wishing to award the diploma of the accredited School of Spiritual Science in the Medical Section will have to undergo an accreditation procedure. In practice, this means that the training centres will have to undertake audits by visiting and observing each other. Assessments of strengths and weaknesses would then have to be shared. The trainings have a duty to evaluate their training activity through a process of reflection in order to remain in a continual process of development.

To prevent the **audit process** descending to the level of personal likes and dislikes, we organised a meeting for trainers in all professions in May 2009. Professionals from the fields of care, eurythmy therapy, curative education and artistic therapies contributed over the course of three shared training days.

These trainings will continue in 2010 when the experiences gleaned so far in all the professions will be shared. A handbook of guidelines for conducting audits has been prepared in the meantime. The aim is to promote the greatest possible individualisation of each training along with the utmost transparency and willingness to develop as far as their own intentions are concerned. In this way, the Medical Section will be able to represent the most varied trainings, as quality standards and quality developments will be completely transparent.

Accreditation for the right to use the international Anthro-Med® trademark has already been described above. Here too acceptance is subject to a procedure which shows how quality arises, is nurtured and developed, and what its aims are.

It seems sensible to choose one procedure for all three requirements so as to obviate the need for three separate, parallel accreditation processes, and to frame it in such a way that it can be applied to these very similar issues.

#### **Alanus University**

In September 2008 the first part-time one-off masters degree course for fully-qualified eurythmy therapists began at the Alanus University.

Study places were in such high demand that unfortunately we were not able to accommodate the majority of applicants.

19 participants from all different countries (New Zealand to Finland) have gathered together since then for Intensive Weekends. The 9 modules were developed from the individuals' core themes and questions.

The forthcoming masters degree work will be a scientific essay related to therapeutic work in the sense of a scienceoriented practical research.

At the end of August 2010 these first vocational Masters course participants will receive their certificates: Master of Arts Eurythmy/ Eurythmy Therapy, with an extensive Diploma Supplement. (This Diploma Supplement template was designed by the European Commission, the Council of Europe and UNESCO/ CEPES.)

The Diploma Supplement shall provide sufficient data to improve international transparency and academic and professional validation of qualifications, i.e. certificates, documents, awards etc. The Diploma Supplement describes qualities, steps, context, contents and the type of degree awarded upon successful conclusion of the studies.

#### The Master of Arts:

The Master of Arts is a practice-oriented Masters degree course in contrast to a more science-oriented Masters.

The Master of Arts is common, for example, in the humanities and social sciences, the performing arts and in artistically applied study courses and can also be awarded by the economic sciences. The Master of Science is common, for example, in mathematics, statistics, and natural sciences, engineering sciences and medical science. Both Masters profile types are equal in significance and are offered throughout the universities.

In some countries it is only possible to lead a Eurythmy Therapy training with a state approved Masters, for example in Finland and Austria.

In some places, this educational award enables the Eurythmy Therapist to be equated with registered teachers for financial purposes.

## Full time Masters degree course in Eurythmy Therapy:

The full-time one-year long Masters course in Eurythmy Therapy always starts in September. It is connected to a half-year long professional internship that takes place afterwards.

Applicants with a university degree can be accepted into the Masters course through a qualifying examination.

Applicants without a university degree can apply for a post-qualification Bachelors degree, that can be achieved during the Master studies, through an extensive portfolio.

#### New part-time one-off Masters degree course in Eurythmy Therapy for fully qualified Eurythmy Therapists:

From September 2010 to September 2012 another part-time one-off Masters degree course will take place.

Applications can be sent to our office: elisabeth.lueken@alanus.edu, Phone: 0049-(0)2222-93211273.

Applicants with a university degree can be accepted into the Masters course through a qualifying examination.

Applicants without a university degree can apply for a post-qualification Bachelors degree, that can be achieved during the Master studies, through an extensive portfolio.

An information day for the new parttime one-off 2 year long Masters course as well as for the new 1  $\frac{1}{2}$  year long Master degree course (1 year Masters studies,  $\frac{1}{2}$  year internship) will take place on 05.02.2010 at the Alanus University, Campus I (Johannishof) at 10 am in the Eurythmy Therapy (Heileurythmie) room.

#### 1. Research symposium:

The contributions to our first research symposium from 28-30 November 2008 will be published by the Peter Lang publishing company: "Forschungswege in der Eurythmietherapie"/"Ways of research in Eurythmy Therapy" (in the final phase and available for sale soon).

2. Research Symposium on Eurythmy Therapy from 19-21 March 2010 at the Alanus University of Arts and Social Sciences:

The topic for our next symposium will be the difference between quantitative and qualitative movement, when and how does movement become medicine?

Contributions can be submitted to Prof. Dr. Albrecht Warning: albrecht. warning@alanus.edu or Prof. Annette Weisskircher: annette.weisskircher@alanus.edu

Internet: www.alanus.edu

Annette Weißkircher, Renée Reder, on behalf of the faculty

#### Dornach, Switzerland

Brigitte von Roeder is retiring from the full-time training after 10 years as its director; a new training, designed to be undertaken alongside employment, will begin at Easter.

There will be six blocks of from three to six weeks each of full-time tuition, in April, August and November, up to Easter 2012, leading to the Eurythmy Therapy Diploma recognised by the Medical Section. It is intended that the practical placements will also take place within the same two-year period. Entry requirements are a recognised

eurythmy training and a care placement. Doctors may also apply.

The training will be carried collegially by Beate von Plato, Angelika Stieber and Kaspar Zett, all eurythmy therapists; the latter will have the main responsibility. Drs Irene Peltzer and Wilburg Keller Roth will be responsible for the medical aspect, supported by Dr Armin Husemann.

The basic courses in medical anthropology will be given under the aegis of the recently founded Academy of Art and Therapy (www.atka.ch), alongside the other therapy trainings.

State recognition: the Swiss Quality Certificate for Further Education Institutes, eduQua, is seen as a meaningful step on the way toward accreditation via the state qualification in artistic and complementary therapies in Switzerland. The aim of our efforts is to safeguard the right to practise the profession of eurythmy therapy, through state recognition as a therapeutic profession; this is becoming essential in a workplace that is becoming increasingly regulated, both legally and politically.

Kaspar Zett, on behalf of the faculty

#### Järna, Sweden

The Scandinavian eurythmy therapy training in Sweden is run by the Läkeeurytmiutbildningen i Norden foundation. It previously ran in blocks over three years, including practical placement. The course sessions are in a Scandinavian language (with the exception of Finnish).

At present, the training is being restructured; a new course will start in the autumn of 2010. The possibility of collaboration with Alanus College in Alfter in Germany is being considered.

There is the possibility of a part-time

Renée Reder, on behalf of the faculty

course for doctors next year.

#### **Great Britain**

19 students from nine different countries graduated at Easter this year and have gone to work with eurythmy therapy in their different countries, ranging from America to Australia and from Africa to Sweden. We wish them all the very best in their new profession.

The next course will begin in the Spring of 2010 and finish two years later, in the Spring 2012.

The course consists of five blocks of four weeks in Spring and five in Summer each year, with placements in between. For an application form and further information please contact us at: eurythmytherapytraining@hotmail.com

Ingrid Hermansen, Shaina Stoehr and Ursula Browning

#### Unterlengenhardt/ Bad Liebenzell, Germany

"What is more quickening than light?" asked the Gold King. "Conversation" replied the Green Snake. (Goethe's Fairy Tale)

Against this backdrop, the eurythmy therapy training in Unterlengenhardt is striving to enliven and intensify conversation between doctors and eurythmy therapists in the interests of "quickening" patients. Eurythmists are guided on the path to becoming eurythmy therapists through a full-time 1½-year training; doctors can undertake a 3-year part-time training linked to the impulse given by Rudolf Steiner in 1921.

Five students from Korea, Switzerland and Germany began their full-time training in September 2009. They take part once a week in case conferences at Paracelsus Hospital, where they also do their care placement. The main focus of the training, apart from practical work, involves working through the eurythmy therapy course from the aspects of movement, theory and cognition, learning to enjoy the study of anthroposophical knowledge of the human being, and research on the eurythmy figures, including in connection with the first Goetheanum.

#### **Diploma Conferments in 2009**

Dornach, Switzerland March 11 students Unterlengenhardt, Germany March 8 students Alanus University, Germany March 5 students England 19 students April Sweden June 8 students Witten, Germany November 13 students

We are pleased to welcome 64 new colleagues in the international professional community.

A new course will begin in Autumn 2010, when the current students are on their half-year placement. The charity's council addresses issues of financing a full-time training.

The fifth term of the three-year parttime training for doctors has just begun, with exercises concerning the soul-life. In October 2010 the participants, who come from India, Chile, Sweden, England and Germany, will have their final nine-day session and work their way once more through the lectures on Anthroposophical Spiritual Science and Medical Therapy and Eurythmy Therapy in the order in which Rudolf Steiner gave them.

The eurythmy therapy exercises are given by trained tutors. When it comes to the content-based study, however, the participants prepare their own presentations, as is appropriate in adult education.

A new three-year course will begin in Autumn 2010.

The training is carried by the faculty (Dr Gudrun Merker, Irene Ott, Dr Mathias Sauer, Dr Sabine Sebastian and Dr Barbara Zaar) together with the council (Ingrid Diem-Waibel, Dr Wolfgang Leonhardt, Susanne Lin and Dr Helga Trott).

A faculty of visiting tutors supports the training, meeting where possible once a month to work eurythmically, consisting of Irmela Bardt, Ursula Bergengrün, Carol Bergin, Sigrid Gerbaldo, Daniela Greif, Johanna Hopp, Norman Kingeter, Margrethe Solstad, Angelika Stieber and Ursula Ziegenbein, along with a wider group of doctors, artistic therapists and carers.

Further information is available at www.heileurythmie-ausbildung.de

Sabine Sebastian, on behalf of the faculty

#### Teeth Eurythmy Therapy: Further Training 2010

It is necessary to participate in 6 different courses in order to accomplish a certified further training in teeth eurythmy therapy. It is not necessary to attend in numerical order and the courses are not solely based on one place of training.

January 15-17, 2010 Course 1: Introduction seminar in Aesch, Switzerland (C. Haupt, M. Kaiser) February 5-7, 2010 Course 6: Zodiac circle and planet forces in the teeth and front tooth malposition in Graz, Austria (M. Kaiser) Course 4: Crowded theeth, spaced teeth February 12-14, 2010 February 19-21, 2010 in **Budapest**, **Hungary** (M. Kaiser) Course 1: Introduction seminar March 5-7, 2010 in Mailand, Italy (C. Haupt, M. Kaiser) March 12-24, 2010 Course 5: Zodiac circle, planet forces, front tooth malposition in Paris, France (C. Haupt) March 19-21, 2010 Course 2: Mandibular retrusion, offspring and cross bite in Dornach, Switzerland (M. Kaiser) April 5-10. 2010 ? Course 2, 3 and 4 in **Greece** (M. Kaiser) June 11-13,2010 Course 6: Zodiac circle, planet forces, front tooth malposition in **Paris**, **France** (M. Kaiser) May 19-22, 2010 Course 5 and 6 in **England (Forest Row)** (C. Haupt, M. Kaiser) August 11-16, 2010 Course 1, 5 and 6 in Flensburg, Germany (C. Haupt, M. Kaiser)

Registration and more information:

mareike.kaiser @gmx.at Tel. and Fax: 0043 316 405221

A certificate for teeth eurythmy therapy will be handed out by the Medical Section after completion of all six courses. Course 1 - 4 can be taken in different order.

#### **America**

Our current class of eleven students (possibly twelve, in February) have completed about one half of the three year course. They have begun their first Praktikum and will return to Camphill Village Copake in February for another period of training with medical courses and Eurythmy Therapy instruction.

During the coming year, many specialties will be taught by guest doctors and Eurythmy Therapists. We are making a great effort to comply with the Curriculum Guidelines despite our geographic isolation.

All course work is carefully evaluated and recorded in the form of a certificate so that we can verify the progress of each student and evaluate the whole course for future improvements. The Camphill Village has very warmly taken us into their life, given us legal status and taken responsibility for the future of the training. They give us great freedom and also stand by us. very sincerely. It is difficult to imagine a Eurythmy Therapy Training on this continent without this protection and genuine support, financially, practically and spiritually.

We have received several requests for another course, beginning in Summer, 2011.

Seth Morrison Anna Ree

#### **Master of Health Sciences**

Dear colleagues,

From October 2010, it will be possible for eurythmy therapists to study for a master's degree in complementary, psychosocial and integrative health sciences by distance learning. It will be a part-time correspondence course over six terms, with group seminars. The qualification will be "Master of Health Sciences" (with a graduation in collaboration with universities throughout the European Union and in accordance with Austrian law governing university studies). Entry requirements are familiarity with computers, eurythmy and eurythmy therapy qualifications and several years' professional experience. Initial information is available at www. inter-uni.net

I am currently doing this interesting and demanding training, which I will complete at the end of 2010. There is an obligatory seminar four times a year at Schloss Segau (25 miles south of Graz).

The Master's thesis will be supervised by Professor Albrecht Warning, who has also taken over this task for the eurythmy therapy master's training at Alfter in order that the very specialised anthroposophical themes may be addressed.

I am happy to answer further enquiries.

Mareike Kaiser Waltendorfer Hauptstrasse 75 A-8010 Graz, Austria Tel: +43 316 405221

e-mail: mareike.kaiser@gmx.at

## Report on the Eye Eurythmy Therapy Course

at the Goetheanum, September 3 - 10, 2009

During the eye eurythmy therapy curse, September 3 to 10, 2009 a new experience has been made. For the subjects computer work, dry eyes, hyperopia, myopia, strabism, astigmatism, dislexia and presbyopia this time we also practised basic elements of tone eurythmy with leier play, in relationship to each problem. Experiences with patients show how tone eurythmy deepens the healing support of eurrythmy therapy because the tone touches the human being more inwardly. This has been experienced also in the course. Beside the medical lectures these days are always a time of intense exercise. On the one side we try to find in moving the way of the connection to the light for the eye. On the other side the movements must be formed according to the eye problems in relationship to the digestive limbs system. During these eight days qualities and abilities evolve. Finally after all this work and

exercise participants were aware of the healing and live giving support of eurythmy. Angelika Jaschke put the question how in future eye eurythmy therapy could be certified.

Margret Thiersch

#### Review of 10 years of training in eurythmy therapy for the eyes

Dr Erika Hammer and Rosemarie Kampe have been working since 2000 in an annual further training course in eurythmy therapy for the eyes. Once a year, at weekends, a key theme in ophthalmology is studied intensively, both on the basis of clinical pictures presented by Dr Hammer in lectures and seminars, and through practical sessions of eye eurythmy therapy.

Themes covered include:

Constitution: short sight, long sight, astigmatism

Diverging squint — converging squint Diseases:

Cataract, glaucoma, dry and moist macular degeneration

Arterial occlusive diseases Inflammatory diseases of the eye

Pigmentary retinopathy
Diabetic retinopathy

Dyslexia and the eyes

Special exercises have been developed based on 20 years of collaboration with Daniela Armstrong; they have been continually updated and further developed through intensive research with Dr Hammer. Numbers of those attending the courses have increased from 17 to around 35. Over the ten years, each of the exercises has been worked through several times.

Rosemarie Kampe, eurythmy therapist Erika Hammer, ophthalmologist



In 1911, the medical lecture series "Occult Physiology" was held by Rudolf Steiner in Prague.

It's the so called Plexus Solaris of Europe.

We would like to invite you to come to Prague for the 100th anniversary and to take part in the conference "Spiritual Medicine". It will be held from March 24 - 27, 2011.

Key note speakers will be Mrs. Michaela Glöckler, Mr. Peter Selg.

Please already note this date in your diary.

Enquiries should be addressed to: hana.giteva@post.cz

#### **Professional Associations**

#### The Work of the Councils of the Professional Associations

The longest serving committee in our professional movement, apart from the trainers' group, is the one where the collegial work of the councils of the professional associations is undertaken. The councils form a "heart organ" between outer and inner, trainings and fields of practice, political action and meeting the needs of individual members. They are accustomed to dealing efficiently with concrete issues and to making space for envisioning the future in a concrete way. The human foundation is formed of trust and goodwill - all in a common cause. They struggle and agonise and decide — with their gaze firmly forward, focused on outcomes.

#### International Professional Profile for "Anthroposophic Art Therapy and Eurythmy Therapy"

Following advice from the International Federation of Anthroposophic Medical Associations (IVAA), which represents the system of Anthroposophic Medicine in Brussels, an ongoing collaboration has developed over the last four years between the councils of the artistic therapy associations and the eurythmy therapy associations. Their mandate is to produce an overarching professional profile for the therapies within anthroposophic medicine which require a basic artistic training.

This is not an easy path for the eurythmy therapy councils, as they do not want to be seen in any way as an artistic therapy; and yet working with our medium involves the therapeutic application of an artistic process. Finding common ground and including two very different configurations in a single statement was challenging. The group succeeded in describing the commonalities from a very high overarching viewpoint. Researching and elaborating the differences is a further project for the future.

In order not to exclude countries without a professional association, we were able to include all countries in this communal declaration, those further afield as well as in Europe, and they have subscribed to the professional profile.

#### International umbrella organisation for artistic therapies in anthroposophic medicine (DAKART)

A further recommendation arising from the international federation of medical associations (IVAA) was put to the eurythmy therapy councils last year — and reiterated this year: to work toward forming an international umbrella organisation, as it is apparent that it will be needed by five years' time at the outside, as our "legal face" within anthroposophic medicine.

The eurythmy therapy councils touched on this question last year, but its whole purpose did not become clear then.

It has since become clear that the legal status of a professional association could bring the following benefits:

- 1. Joint political representation could save costs.
- 2. In the event of official recognition in one country, there would be the potential for this to be extended to other countries.
- 3. The number of artistic therapists within anthroposophic medicine would no longer appear insignificant.
- 4. Eurythmy therapists in countries without a professional association could

join as associate members.

The councils of the artistic therapists have produced draft statutes along the lines of the IVAA's.

The umbrella organisation would be based in Södertälje, near Järna in Sweden, where it can operate most economically. A communal website will need to be set up.

The anthroposophical art therapies and eurythmy therapy would make up equal proportions of the council. The coordinators for the artistic therapies (Kirstin Kaiser) and for eurythmy therapy (Angelika Jaschke) would have an advisory capacity. Its tasks will be confined solely to its overarching function and to representation.

#### **Ethical Guidelines**

The revised summary of the ethical guidelines has been approved. They were drafted on the basis of the existing Swiss and Dutch versions. We have included the "Patients' Charter" of the European Union. (Download:

www.forumHE-medsektion.net)

#### Review:

#### "Vom Werden der Heil-Eurythmie"

("How Eurythmy Therapy came into Being")

The long-awaited biographical sketch of Trude Thetter (1907 - 1982) and Ilse Rolofs (1903 - 1981) by Lasse Wennerschou was published Easter 2009.

All those eurythmists and eurythmy therapists who got trained in Vienna are delighted. Reading this book, they remember elements of their training which had been intensive, calm and quintessentially based on anthroposophic principles.

In five "letters" the reader is lead through the biographies and historical circumstances and learns about the development of the eurythmy therapy training. The fourth letter pertains to the tension around 1930 and Lasse Wennerschou presents the findings of his research in publications, letters between Ita Wegman and Marie Steiner and the drafts by Eugen Kolisko ("Ein Lebensbild").

The last chapter suggests ways of professional training and a new fruitful cooperation in the three areas of the being Eurythmia - artistic eurythmy, pedagogical eurythmy and eurythmy therapy.

Lasse Wennerschou developed this train of thought based on various notes by R. Steines and I encountered it quite often among the active artistic, pegagogical and therapeutic eurythmists.

This book can be ordered at:

CARUS AKADEMIE Rissener Landstrasse 19 D-22559 Hamburg

Germany

E-Mail: info@carus-akademie.de

Angelika Jaschke, May 2009

#### **International Reports**

#### **ARGENTINIA:**

Graciela Kolb (> gracielakolb@hotmail.com <)

Dear colleagues, As I told you before, in Argentina we are two therapeutic eurythmist, and we cover the needs of the whole country. Our country lives in crisis in all orders, and people have to



work really hard to be able to subsist. The majority of the people doesn't count with the means to pay the medical treatment and the different therapies, because it's not covered by the medical insurance.

On the other hand, there are only a few doctors that suggest the therapy to their patients, I will really appreciate if I could receive some suggestions to help us to improve the relationship between the doctors and the therapeutic eurythmy.

During this year, a therapeutic eurythmist was present in the following seminars:

- Cancer
- Psychiatric disease
- Metabolic and endocrine diseases And in October: the seven life processes.

For next year, we are working in a project, with new doctors, who are finishing the four years formation, that will be directed by Dr. Alejandra Chappano who teaches and coordinates the medical formation in anthroposophic medicine (AAMA) and eurythmy therapy, working with the book "Fundamentos para una ampliacion del arte de curar" by Rudolf Steiner and Ita Wegman. Another project will be the investigation of the rhythm of the consonants, and in this subject I would like to ask, if it was made in other country before. We will really appreciate to receive material about previous investigations related to eurythmy therapy, clinic cases, etc. Since 17 countries in the world speak our language it will be really important for us to receive it in Spanish. To make this happen, it will be helpful to create a network of delegates to know which material is available, and be able to exchange it, by this way we could save energy and money.

The eurythmy therapy book by Rudolf

Steiner was translated into Spanish and it's really necessary to correct it, since I have already paid for the cost of the translation and we cannot afford the additional cost.

We would like to receive funding for the correction of this book to be distributed to other Spanish speaking countries. I want to thank for the chance you give me to share these concerns.

#### **AUSTRALIA:**

Josefin Porteous (> josefin@aapt.net.au<)

Fifteen Eurythmy Therapists' currently work in Australia. The following cities (from South to North) have eurythmy therapy: Melbourne, Canberra, Sydney, Adelaide, Byron Bay and Brisbane.



Our doctors travel from city to city in order to practice and speak about anthroposophice medicine.

Melbourne and Sydney have resident doctors.

David Richie from New Zealand comes to visit every three months in order to meet with us.

One of our doctors, Narrelle Savitsch attended the Medical Conference in Dornach. She works together with three eurythmy therapists in Sydney. Next year a further training course with Titia Jonkmans and Angelika Jaschke will take place and we are all looking forward to this very much.

With warmest greetings to you all.

#### **AUSTRIA:**

Mareike Kaiser (>mareike.kaiser@gmx.at<)

The Association is happy to be able to welcome four new members.

The Council has seen some changes of membership this year and there was a great deal of turbulence when we tried to form an



umbrella group to coordinate all the artistic therapies.

One council member has a history with Scientology and this played a role in the problems. The two major Associations with membership of over 200 wanted to withdraw at once!

We are trying to get the 'Name'-Heileurythmie and Eurythmietherapie protected with a patenting licence.

#### **BELGIUM:**

Miejef Callens (> miejefcallens@gmail.com<)

We are fortunate that there are many of us here and we can work together. We have also started a eurythmy therapy training. The schools all have eurythmy therapy. However we find it difficult to maintain regular meetings and contact with each other. This has been for some, due to personal reasons. We hope for a new impulse towards collegial work in the new year!

#### **BRASILIA:**

Cecília Teixeira (> <u>ceciliateixeira@terra.com.br</u> <)

We are five eurythmy therapist and each of us works on his/her own in our huge country. For next year we are planning a meeting and professional exchange. Meanwhile we translated "Grundelemente der Heileurythmie" by Kirchner-Bockholt and "Die Entstehung und Entwickelung der Eurythmie" into the Portuguese language. For the first time we have got a written basis for our work. At the end of November, the "Heileurythmie-Kurs" will be published in Portuguese.

#### **CANADA:**

Michael Chapitis (>michael.chapitis@gmail.com<)

To the far North of the great continent of America, the atmosphere and climate of Canada is wilder and not so easy going as in the South. The population is c.33 million and the Anthroposophic Society has



around 400 members. Most of the anthroposophic activity takes place in or around Toronto which is also our main financial centre.

Apart from myself there are two other eurythmy therapists working part-time here. I have a full program working two days a week in each of the two Waldorf Schools and the remaining time is spent in the Clinic. I am however self employed.

There are no full time posts with provision for pension and insurance here. The Clinic has three anthroposophic doctors, one psychotherapist, a rhythmical masseur, two art therapists and myself as eurythmy therapist.

We meet as a therapy team every week and I see 8 to 10 patients a day. The strength needed for this pioneer work comes from my long years of training in Europe, especially Dornach and from the support I receive from Marjorie Spock.

#### Chile:

Carina Vaca Zeller (>carinavacazeller@gmail.com<)

The eurythmy training which began here a year ago is in financial difficulties. There are 13 students and we are all keeping our fingers crossed in the hope that they will be able to survive! They only have a small room, 4 by 5 meters which is hardly big enough to move in. However we celebrated the graduation of the First Year students and saw what wonderful work they achieved recently.

Our dream is to begin a eurythmy therapy training to follow the four year basic training. This is sadly only a dream at present!

There are two eurythmy therapists' working in Chile (Veronica Ortuzar and Helena Romero) and we are very proud and happy to have them here.

We are grateful for the warm support we receive for our pioneering work here and send you all our warm greetings from Santiago.

#### CUBA:

Miriam Caro (>miriam-caro@gmx.de<)

In my soul I feel the global network of eurythmy therapy activity which also takes place in Cuba. This island floating somewhere between Mexico and the USA.



Eurythmy therapy began here two years ago when some Parkinson's disease and four breast cancer patients received treatment under the guidance of Dr. Dorothea Oertel, a German doctor living in Mantanzas near Havana. She is helping to train a small group of doctors here and last year we also had the pleasure of working with a Eurythmy therapist from Munich, Monica Campion.

Cuba is full of warm hearted people. It is also rich in culture but due to the many climatic disturbances it receives perhaps too much sunshine and is prone to hurricanes which cause immense damage. It is also a poor country and many have to struggle for existence. It takes a lot of will and help from the spiritual worlds for initiatives to take root here.

At present the University for Science and Medicine in Matanzas is in the process of formally registering a research project: BEZIQUE, which will encompass anthroposophice medicine, biodynamic agriculture, and artistic therapies.

We meet together with doctors on a weekly basis and international collaboration is also part of the process.

It is now possible for us to host eurythmy therapists' from abroad as long as they have their visa in place. This has to be applied for at least three months before travel.

The main work is then eurythmy therapy with patients here but also art therapy and other things if possible. Unfortunately until a European 'Cuba fund' is established much of the costs have to be covered by the visitors themselves as we are not able to pay.

We welcome you with open arms ho-

In November 2009 we begin a research project on the metabolic system and related illness. I am already in contact with two eurythmy therapists who wish to take part in this. With the founding of the IPTM in Havana this year we hope to have more anthoposophically trained doctors in our country. Dr. Alfredo Abuim, founder of the Behique Project will take part in the annual international conference for oncology and he will be in Europe in October 2009. Maybe you will meet him! He can tell you more about the situation here in Cuba. Fuertes Abrazos.

#### **DENMARK:**

Matthias Gorges (> matthiasgorges@hotmail.com<)

What is there to report since last year? Monarchical states like Denmark move very slowly!

Our country is divided by so much water that it is difficult to maintain clear lines of com-



munication and we do not manage to meet on a regular basis. We hope to improve this in the future.

In the east on Sjaeland the eurythmy therapists meet together with a specific theme every two months, often continuing with the same theme for several meetings. We also meet twice a year with Axel Bloch who is able to offer help and advice. There is currently no doctor in Eastern Denmark.

In the west (in Jylland) the eurythmy therapists meet on a monthly basis with Dr. Elizabeth Mueller-Hansen. The depth and intensity of this work can only be envied by colleagues in the east!

From the island of Fynen eurythmists come to join this work and it is wonderful that out of the 27 Danish eurythmy therapists, 14 have already registered with the Association.

We hope to hold a large conference together next year.

That's all for now from the royal land of Denmark!

Warmest greetings to you all!

#### **ENGLAND:**

Daniel Maslen (>danmaslen@hotmail.co.uk <)

We are very happy to report that CAHSC, our organization to co-ordinate all activities connected with anthroposophice medicine is up and running again and many doctors and therapists have registered.



The eurythmy therapy training continues to flourish in Stroud. Courses are usually full.

We welcomed several guests from abroad this year:

Marieka Kaiser and Dr Haupt from Austria who gave us a course on teeth. Anne-Marie Baeschlin - tone eurythmy. Helpful also for therapists.

Our annual general meeting and eurythmy therapy conference took place in Forest Row.

Most of the larger Waldorf Scools have eurythmy therapy as do our anthroposophical clinics; Park Atwood, St Lukes and Blacktorn Trust.

Camphill is well established here and most communities have anthroposophic doctors and eurythmy therapy. We still do not have state recognition at least as far as finances go! Everything is paid for privately.

Many work in private practice.

CAHSC is already proving helpful in strengthening the profession and giving it a new more professional standing.

There are various research projects underway. Eyes and documentation remain active themes here.

#### **FINLAND:**

Anne-Marie Somero (>amsomero@welho.com<)

As eurythmy therapist in Finland we are all waiting to hear the decision of the government regarding certain restrictions which might be made this winter which will diminish the scope of our work.



The idea is that unless we have a state recognised training and are working under the strict

ning and are working under the strict guidance of a doctor we (and other alternative medical practitioners) will not be allowed to treat patients with diabetes, cancer, psychological disturbances, special needs, children or people who are not able to look after themselves. Whether this new law will go through parliament is yet to be seen.

At present we are all quite isolated from one another and hardly any of us have a doctor to work with.

We did however have a course with Gerhard Weber on the tone eurythmy course and we look forward to a course with Erika Molin on eye eurythmy soon.

#### FRANCE:

Christina Nidecker (>chr.nidecker@gmail.com<)

The Eurythmy
Therapy Association here in France
is now working
together with the
International Network and for the
first time made a
financial contribution. Our president, Christian



Duchemin reports that there are currently around 45 eurythmy therapists in France of which 25 are members of the Association -OSE. The others are single 'fighters' in their regions!

Twice a year further training courses are held. One with doctors on Mont St. Odile and one this November in Germany. In addition many of us have taken courses in dental eurythmy and a training course for this has been established and will hold its first graduation soon.

Eurythmy therapy is active in three of the six Rudolf Steiner Schools here and in the curative education centres in Alsace and Allier.

Without the connection to an institute or organization it is just about impossible to find patients for eurythmy therapy. Many of us have a second job in order to make a living.

To bridge the gap between what we offer and the demand from patients to work with healing movement is difficult

For many years I have tried with all my strength to establish and develop the following:

- A training for doctors, meeting once a month over a three year period in Paris.
- Participation in other further training courses for doctors. Publications,

translations of lectures and the eurythmy therapy course.

- A website and video and a 5 week theatre piece.
- Participation on research projects showing the effect eurythmy has on growing plants. This has met with great interest among our bio dynamic farmers who have asked for a special course to learn the sound gestures which could help the earth and plant life which they care for.

Another research project which is under way is to bring eurythmy therapy to people outside our circles. This integration of eurythmy therapy in general society is probably being tried in other countries. Together we have more chance of success. Please come forwards and make contact with us.

# **GEORGI A:**Nino Waschakidse (>umn@access.sanet.ge<)

Eurythmy therapy work began in 1997 under the umbrella group 'Man and Nature' in our Therapy House.



At present there are five eurythmy therapists in Georgia. Four active mostly in Tbilisi.

Eurythmy therapy is practiced in 'Therapy House' (clinic), schools, curative education centre - Michaelschule and in a community outside to the east of Tbilisi - Kedeli.

There are regular meetings between three eurythmy therapists and four doctors who have training in eurythmy therapy. A new course for doctors to learn about eurythmy therapy has also started with nine students attending. The political situation in Georgia is always difficult and the national health system still not fully established. We are trying to get anthroposophic medical therapies accepted by the state and by insurance companies.

This would all help to give our profession a firm footing but it is difficult and our courage must not fail!

#### **GERMANY:**

Barbara Lampe (>BLampe@klinik-lahnhoehe.de<)

This year I would like to report on the different fields of practice here in Germany.

The schools are faced with the dilemma that falling pupil numbers mean less money



and so many cannot afford eurythmy therapy. Some try to make it possible for us to maintain our work but the support and understanding is not strong enough and often the post is simply closed. It is not possible for self employed therapists to work in schools in Germany due to legal reasons. Insurance companies will not cover them. We are glad to report however that another conference for eurythmy therapy in schools took place in Munich which was well attended and successful. Also the teacher training courses have asked for eurythmy therapy to be presented to the students so that the teachers have an idea what it is and how it can help later.

Those working in private practice are struggling with health insurance companies many of which have joined together and some no longer cover eurythmy therapy or alternative medicine. Fortunately contracts for integrated care have risen and our lawyer Herrn Hesse has had success representing some individual cases. The will of the patients has been helpful in fighting for financial aid from insurance companies for their treatment.

The clinics have also had to tighten their belts with the credit crunch but we also suffer due to lack of support from some doctors who favor therapeutic gymnastics above eurythmy therapy.

It is difficult to have to keep on defending ones profession and trying to convince people of its worth alongside the work with the patients. Difficult to carry this extra weight.

DAMID is active in the task of constantly presenting and strengthening the awareness for anthroposophic medicine in the hope of ensuring its survival in the future.

The pressure coming from the outside demands great strength and much community work in the eurythmy therapy movement. We are fighting on many fronts but at least the demand for eurythmy therapy from the patients side is stronger than ever!

#### **GREECE:**

Heiko Feiler (>heifeil@web.de<)

Two eurythmy therapists work in Greece in an absolute pioneer situation.

Anthroposophic medicine and eurythmy therapy are little known here but we have a young doctor who is working



with anthroposophic medicine and who has interest in eurythmy therapy. There is a social care centre near Delphi where eurythmy therapy is practiced. Heike Redelius has been working in Athens as a self employed practitioner since 1991 and Heiko Feiler in Galaxidi.

We hope to build our work together and to strengthen eurythmy therapy here in the future.

Warmest greetings from Greece!

#### HOLLAND (THE NETHER-LANDS):

Irene Pouwelse (>irenepouwelse@casema.nl<)

We have 67 eurythmy therapists, 30 of which are active in various situations. The work is therefore carried by many. A research group is looking at the question of eurythmy therapy for hay fever.

Mentoring one another has begun in that we will all visit each other and written reports will be made in order to maintain quality control. So far this has gone well. We do not actually watch therapy sessions but speak to each other and to others in the place of work. The use of questionnaires has also been incorporated into the process in order to establish a clear picture.

The Association requires us all to attend further training courses and conferences on a regular basis.

Apart from this we are looking at the question: Eurythmy and meditation, how do they relate to one another?

#### INDIA:

Dilnawaz Bana (>abanabana123@rediffmail.com<)

It is fortunate that in India many people show interest in eurythmy and eurythmy therapy.

I give a lot of courses and am very ac-

tive. We have a young doctor in Bombay, Dr Ravi who took part in a course on oncology in the Medical Conference in Dornach recently.

In contrast to other countries eurythmy therapy is still very small here and one must remember that India has many other ancient healing forms still very alive, e.g. Yoga. However the interest is there and we will keep the work up!

#### **HUNGARY:**

Maria Scheily (>scheily@axelero.hu<)

In Autumn 2008 twelve eurythmy therapy students graduated from the training. Nine have remained in Hungary, mostly returning to their schools teaching but also taking students one to



one. Three managed to secure part time eurythmy therapy positions in their schools. One works in a state run psychotherapy unit. The three experienced eurythmy therapists continue to practice in schools, curative education and private practice.

We hope that the world economic crisis will not have too bad an effect on our work here.

Mareike Kaiser is giving us her teeth eurythmy course in six modules. The third being held in October.

In August a post graduate part time anthroposophic doctors' training began. The course is also open to therapists. Already 30 doctors and 35 therapists have enrolled! The course is integrated in the University of Pecs and takes three years to complete.

#### **IRELAND**:

Anne Todman (>annetodman@camphill.ie<)

This year our numbers have doubled, from four to eight, two having just moved here in the last couple of months. It brings great possibilties for the future.



The work itself remains centred very much within the Camphill centres, some therapy takes place in the Waldorf schools, and there is a trickle of work outwith those spheres. This remains one of the eter-

nal questions here: how can we make eurythmy therapy more known and more accepted in the local population.

Tony Whittle continues to travel regularly back and forth between Ireland and Belo Russia. He has achieved quite some success through working in a particular way with the SMA, LMI, TMU sequence with individuals with cerebral palsy. This is an area we might hear more about from Tony himself in the future.

The eight therapist here are widely dispersed in the country and have not met together as a study or working group yet. So far, most input or participation at this level has been in the UK, where we join the therapists in their workshops, conferences etc when possible. Now there is such a group in this country, new possibilities are opening up for us and the challenge will be to establish a creative working together that can be a source of inspiration for us and mutual help in our work. This is of course also an opportunity to be grasped with both hands.

#### ISRAEL: Jan Ranck (>jranck@012.net.il<)

There is also good news to report from the Middle East: in March a meeting took place between eurythmy therapists and anthroposophical doctors which will have a continuation in November.



The theme for the work, which is to be structured as a mutual research, is therapeutic eurythmy and psychopharmaceuticals.

In addition, Shulamit Kabra, a eurythmy therapist who has worked for many years in Germany, returned to Jerusalem. Shulamit is also a registered psychiatric nurse. That brings the number of eurythmy therapists to 12, although only 2/3 are active in the profession, not enough to answer the actual need.

ITALY:

Maria Teresa Fossati (>monika.margesin@msoft.it<)

Over the past years therapists from many areas have met in Milan and we have spoken about forming an umbrella group to coordinate all our activities.



Pressure from the state has also lead

to this question as it would help to establish our work on a firmer footing. Suitable guidelines and criteria are being drafted at present.

New strength came this year in the form of courses given by Anja Meierhans on documentation and Mareike Kaiser on teeth. These were open to both eurythmists and dentists.

#### JAPAN:

Kimiko Ishikawa (>eu.haus-erde@m3.dion.ne.jp<)

At present there are 10 eurythmy therapists working in Japan. The whole country from north to south is now covered.



Most of us work 2 to 3 days a week together with a doctor in private practice. Many also work in Waldorf Schools.

The World Eurythmy Therapy Conference in Dornach helped the interest in eurythmy therapy greatly here. 25 Japanese doctors attended the conference and we notice they now refer many more patients to us. There is also more interest coming from the schools.

The five year IPMT doctors' training in Dornach has helped the situation here as well.

We are active translating the 'Guidelines for Eurythmy Therapy' which the Forum Network produced. We hope to be able to adapt this to our situation in order to strengthen the profession here.

The Curative Education Association has reformed this year with a new training Course. The small group of pharmacists have also started a new training course since the last IPMT. The Doctors' Association produces a newsletter which comes out four times a year and there are

numerous lectures, courses and workshops taking place. We have the feeling that the work is growing ever stronger here. We are looking into ways of coordinating everyone and forming an umbrella group to cover doctor, eurythmy therapy, curative education, pharmacy, art therapy and more.

#### **NEW ZEALAND:**

Alfred Busch (>ajj.busch@gmail.com.<)

For many years there have been no organized meetings or conferences for eurythmy/eurythmy therapy here but in February 2009 we held a large conference for all to attend. This was a success and it was good to meet again over several days exchanging experience and learning from one another. Due to the huge distances which separate us in New Zealand we made the decision to hold the conference for all eurythmists over a three day period and we made sure that there was space for pedagogy, therapy and artistic work to be covered. We found it good that we could all met together, not only those working in one particular field of eurythmy work.

New Zealand has around 30 eurythmists and 22 attended the conference. During the conference the following decisions were made:

- a) To meet every year for a big conference. The next will be in Auckland in February 2010
- b) To explore the need for a Eurythmy Association. Is it wanted/needed now? c) A small group is looking in to the possibility of starting a Eurythmy Therapy Training in New Zealand
- d) In February Angelika Jaschke will visit us. She will come to the big conference and address the question of an Association / Training.

Another thing which we are working on at present is documenting for state requirements and eurythmy as a subject in the Waldorf School. We are drafting a curriculum which will be used to fulfil government requirements. They are interested in what they call 'key competencies'. Our documentation has to be in words that they can understand. In curative education new therapy guidelines have also been drawn up and diagnostic tools refined and developed.

At various anthroposophic conferences including the Kolisko Conferences many of us take part, some giving eurythmy courses or speaking about our work. We have also given eurythmy performances at these conferences.

We are happy to report that the Foundation Stone group is going strong and

gives regular performances. In July next year we will perform the Foundation Stone Meditation five times at the Annual General Meeting Conference of the Anthroposophic Society here in New Zealand. A truely spiritual, earthly milestone!!

#### **NORWAY:**

Friedrun Plementas (>friedrun\_plementas@hotmail.com<)

The majority of eurythmy therapists here are working in Waldorf Schools despite falling pupil numbers and fewer teaching posts.



Some of us have explored the option of going into private practice

which brings about questions concerning payment, insurance, working together with doctors and other therapists etc.

We still do not have an association but will open a website soon.

For Autumn 2010 we have planned a conference with Volker Fintelmann from Hamburg . The last big conference took place in Oslo in September 2009

## **PORTUGAL:** Fernanda Wessling (>mfwessling@gmail.com<)

Eurythmy therapy is practiced in two places in Portugal: Lisbon and S.Romao, Sierra da Estrela (middle, northern Portugal). This year it will



This year it will also begin in Lagos, Algarve.

We have two anthroposophic doctors: Dr. Manuela Tavares and Dr. Mauro Menuzzi. They both practice in Lisbon in the clinic - Consltorio Rafael where there is also massage, art therapy, biography work and eurythmy therapy.

Marije Grommers from Holland has been with us for 12 years. The first seven years she spent at the clinic Casa de Santa Isabel and for the past five she has been in Lisbon at Consultorio Rafael.

This autumn she begins work together with Dr. Mauro Menuzzi at the Waldorf

Kindergarten and School; here in Lisbon.

Casa de Santa Isabel is a curative home for children, young people and adults with varying degrees of mental health disorder.

Dr. Mauro Menuzzi is the consulting doctor and comes once a month to visit Casa de Santa Isabel.

Maria Fernanda Wessling has also worked with eurythmy therapy here since Easter of this year. She worked with both patients and co-workers until the summer break.

#### **RUMANIA:**

Konstantin Gruia (>corabia\_ro@yahoo.com<)

Warmest greetings from the two of us here in curative education in Rumania!

Our work is thriving and we hear positive feedback from children, parents, colleagues and the government!

Since 2008 eurythmy therapy has been state recognised here, at least as far as curative education is concerned.

Next week there will be a festive opening of the Corabia Centre school year in Budapest. We are busy at present painting the walls with beautiful Lazur colour. There will also be a further training course before term begins.

#### RUSSIA:

Tatiana Strizhak (>strikaza2004@yandex.ru<)

There are now 24 qualified eurythmy therapists in Russia. Most are working in Moscow and St Petersburg, others are in Yaroslavl, Syktyvkar, Roson-na-donu and Ryazan.



The Eurythmy
Therapy Association has nine members.

In February 2009 further training courses were held. The first course took place in Moscow and was lead by Veronila Ryser. The participants were 2009 graduates. The course was a good preparation to the students as they embarked on the first year of their new work.

The second course was held in St Petersburg lead by Margrit Hitsch. It focused on two themes: 1) To find a

deeper understanding of the inner nature of the 'sounds' and to explore why certain sounds are given for certain illnesses.

2) The basic elements of tone eurythmy.

Eurythmy therapists and doctors attended the course from Russia, Ukraine and Finland.

#### Criteria for Practice:

State recognition of eurythmy therapy as a valid form of therapy has still not been achieved which means that we are limited to working within anthroposophic institutions. Waldorf Schools, Waldorf kindergartens, curative education and anthroposophic clinics.

Many colleagues report a fall in patient numbers especially amongst adults during the past year. Probably due to the credit crunch. The number of children being treated remains stable but parents can no longer pay the full amount.

One exception is the curative education school in Moscow - St. Georgs School where five years ago state recognition was granted. The training course has a position for a eurythmy therapist which is paid for by the state but this is the only place where this has been achieved in the whole country.

#### Publications:

The translation of M. Kirchner-Bocholt 'Basic Elements of Eurythmy Therapy' will hopefully be published at the end of 2009. The book will contain a biography of the author which Angelika Jaschke has written.

#### **SLOVENIA:**

Barbara Berden Skula (>bberdenskula@yahoo.com<)

I'm still the only eurythmy therapist in Solvenia...

I still work in Italy, like before. At the end of the summer I held a course of eurythmy and therapy for the people from Slovenia. There is a man, who gives courses about anthroposophy and eurythmy therapy, although he didn't study eurythmy. We had some contact this year, I helped him to write some sentences about eurythmy in his book and then he invited me to do a eurythmy course. We did a good course together and I m thinking now in which way and how I can offer such a course again. I m still searching the way... That is all I can say this year.

I would like to remind you also, that I don't represent Croatia. Eurythmists from Croatia decided to stay under Austria!

#### **SOUTH AFRICA:**

Christiane Wigand (>christianew@netactive.co.za<)

There is some good news from us: a group from Town Cape and . Hermanus have started working together regularly. As we are all heavily involved in our work at Waldorf schools and



Camphill Homes, the most important objective is to strengthen and inspire ourselves with our meetings. We have started with the letter "F", we are reading quotes from Rudolf Steiner about "warmth", we are practising together and giving each other the opportunity to try out exercises that we might be doing in courses or groups.

It is difficult to include our colleagues from Johannesburg (1200 km away), Durban (1600 km away), and Namibia (2000 km away) and we are looking forward to, may be , meeting up with them at our annual Eurythmy Conference in the beginning of October in Cape Town.

It has been very uplifting and helpful to have had Titia Jonkmans with us, who came for a course in March/April and accompanied some of us in their work with children and their parents. Next year she will be coming again, and we are looking forward to our common working.

Titia went to Dornach to be our delegate within the eurythmy therapy network this year, since she has made a strong connection and commitment with us. We thank her for all her help!

#### **SPANIEN:**

Leonor Montes (>leonor.euritmia@gmail.com<)

We still have nine eurythmy therapists in Spain. Three in Barcelona, two in Madrid, one in Lanzarote and one in Mallorca.



There is no eurythmy therapy training here and we do not expect the group to grow very fast! There is a eurythmy training on the Canary Islands and it may be that someone there will decide to specialize in eurythmy therapy later.

In October the anthroposophic doctors' training will begin in Barcelona. There is a good chance that through this the

doctors will become familiar with artistic therapies including eurythmy.

Most of us are self employed here or work in Waldorf Schools or offer lay courses.

The economic crises has hit us badly and many patients have to reduce their budget for private therapy. Many wish to reduce the number of sessions they receive.

The themes we are working on are: What should the Michael age offer to the times we live in where fear and uncertainty are so prevalent (swine flu, BSE, etc.). What is it that we can offer in order to balance the predominance of the head forces (nerve sense system) today?

We are also concerned that many eurythmy therapists have to work alone without the guidance of a doctor.

We are planning a meeting between doctors and therapists from Spain and Portugal soon.

There is no anthroposophic home for the elderly in Spain. We therefore have no access to them unless a private arrangement is made. The other alternative is to integrate ourselves in state run homes and try to see that the elderly people do not only watch television all day!

#### **SWEDEN:**

Jane Schwab (>janehamptonschwab@yahoo.se<)

Eurythmy therapy training: Nine eurythmy

Nine eurythmy therapy students, most of whom have taught eurythmy for many years in schools, completed their studies and recei-



ved their diplomas in June 2009.

#### Courses:

The Eurythmy Therapy Association arranged the following courses:

Musical and speech eurythmy therapy, intervals and consonants: thirty-six colleagues partook in four intensive days in April/May with Lasse Wennershou and Gerhard Weber.

Deepening of eurythmy therapy ground elements with exercises from the fifth lecture: twelve participants enjoyed three inspiring days in June with Titia Jonkmans.

Employment situation: Generally, available eurythmy therapy positions have been reduced in several branches. In a discussion at the above mentioned course in May, colleagues cited their personal situations: examples from Waldorf schools: one full time to 50%, one 50% to 0%, one 75% to 50% etc. Examples from special needs schools: 3 full time positions to 0%, one full time to 50%. In every case the colleagues asserted that the reduction was due to economic difficulties.

All therapists at the anthroposophical hospital Vidarklinik, i.e. not only eurythmy therapists, have been warned that there are severe economic problems and therefore a reduction in manpower might be necessary.

Two other trends are affecting our work. Firstly, there is less contact with physicians so that fewer prescriptions for eurythmy therapy are being written. Colleagues are asking "How do we manage with fewer prescriptions?"

Secondly, administrators are asking for more groups and less individual treatment. This applies even at Vidarklinik, where in fact, physicians prescribe group eurythmy (different diagnoses together in one group). Colleagues are asking "How then do I distinguish between eurythmy, hygienic eurythmy and medical eurythmy therapy? How then do I represent my profession so that patients know what they are getting?"

#### **SWITZERLAND:**

Daniel Marston (>daniel.e.marston@gmail.com<)

On November 22nd, 2009, the Swiss Heileurythmie Professional Association will be 40 years old – but the load of work on our shoulders has been so immense that we on the council have



hardly had time to even think of celebrating this occasion appropriately. For example, within the past year we have had to move our office in Dornach twice, and within a 6 month period 3 of the 6 council members resigned, leaving a heavier load of responsibility and work on less shoulders. Fortunately, a fourth colleague has joined us and we have been able to take important steps forward. In fact, we can now offer an "inside view" of our work, as we now have our own web-site on the internet (take a look! www.heileurythmie.ch). Also, by the end of October we will be able to present our members - and the public - with an informative, colorful

flyer about Heileurythmie. This will be a great help for the constantly increasing work of presenting our profession in a proper way to the wider public.

A very positive event for all persons working in therapeutic professions took place on May 17th, when 67% of Swiss voters approved a public initiative ("Yes! To complementary medicine"). The constitution of Switzerland has thus been changed and now states that complementary and "school" medicine must be dealt with on an equal basis. To develop this new status in detail will require much effort on the part of all parties concerned, but this amazing success on the political level has already begun to encourage activities in this direction within Europe and will have an impact world-wide in the future.

## THE CZECH REPUBLIC: Hana Giteva (>hana.giteva@post.cz<)

At Easter 2008 we received a present. Four students graduated from the eurythmy therapy training: Hans Giteva, Hana Mandlikova, Karolina Svobodova and Jitka Radova.



The training took place here but ended in Dornach. The big practicum took place in the Czech Republic. Responsible for the Training were: Frau Hildegard Klima from Trier, Frau Brigida Stockmar from Hamburg and Frau Johanna Bonkova (Doctor) from Prague. Two experienced Eurythmy Therapists also helped to accompany the students.

It was a trial run this year to see if eurythmy therapy could take root in The Czech Republic. Looking back one can only say that the eurythmy therapy 'tree' has definitely grown new leaves and everyone seems happy with what has been achieved.

Eurythmy therapy is already fully established in the Waldorf Kindergarten in Prague 3., the Waldorf School in Prague Jinonice with its Upper School in Opatov. The Waldorf School in Prague Ruzyne. The Waldorf School for Special Needs in Opatov and private practice in Prague 10.

It is possible for patients of all ages to find a eurythmy therapist and four doctors are also available here. Apart from Prague there are possibilities in Semily in the North and Pribram in the South. Our first steps have been taken and we hope for help from above for the way forward!

#### **USA:**

Jeanne Simon\_MacDonald
(>knollhouse@fairpoint.net<)</pre>

Warm best wishes to you all from North America! Our association is called ATHENA – Association for Therapeutic Eurythmy in North America. We try to stay in touch with and represent members in



both the USA and Canada.

Last April we organized a conference with Rachel Ross – who is a eurythmy therapist and also trained in remedial education. She offered her conference twice – once on the East Coast, and again on the West Coast of the US. We worked with her on the constitutional types and considered the 'reflexes' so important for the work of our remedial colleagues. This was a very lively and inspiring conference, bringing both new understanding of children and many new exercises for our work with them.

On a different note: ATHENA has for many years received grant money to support eurythmy therapy in Waldorf schools. Through this we have made contributions towards new eurythmy therapy programs, towards mentoring and also towards professional development. Due to the economic recession, we have not received any funding for this coming year. A number of Waldorf schools here have cut back on eurythmy and therapeutic eurythmy programs for this same reason, which is a concern for us.

The arrival of the English copies of the documentation from the World Therapeutic Eurythmy Conference last winter confirmed that we are an international association of colleagues. It has been inspiring to read the lectures, and other articles and workshop reports from the conference. This booklet has made it possible for colleagues, who were not present, to also take part in some way. Because we wanted the physicians engaged with anthroposophic medicine in this country to share in the riches from our conference, we prepared copies of the lectures to send to those we thought would be interested.

Following on from the conference - Dr. Broder and Elke von Laue will come and work with us here in the US, in summer

2010, on themes from their book 'Zur Physiologie der Heileurythmie' (The English translation will be ready soon). To our great delight the physicians connected to anthroposophic medicine here will co-sponsor this conference!

#### **Fields of Practice**

## **Developments in the Fields of Practice**

In the 2008 Newsletter we described at length how eurythmy therapy is living and developing through the work all the individual eurythmy therapists throughout the world, in the six different fields of practice. Eurythmy therapy can become effective through us, situated as we are between patient and doctor.

Sharing, in the form of specialist further training courses, has been established in Germany for over 10 years and has proved valuable.

Other European countries are forming similar networks in their different fields of practice to consider specialist professional issues and for joint action.

In the delegates' conference we intend to focus every year on one of the fields of practice. How does the activity of a specialist field of practice manifest in different countries? How do we respond in a practical way with eurythmy therapy to particular clinical pictures and to the patient. What specialist issues, medical and arising from the anthroposophic image of the human being, are there in a particular field of practice? When can sharing experiences be helpful?

This year we focused on eurythmy therapy with elderly people (the final phase of life).

Next year it will be the first seven years of life.

## **Eurythmy Therapy in Schools**

#### Some basic issues

A hot chestnut in many countries is the legal demarcation between medically indicated eurythmy therapy as a treatment for illness, and eurythmy therapy within a school.

A eurythmy therapist who treats ill people must work from a doctor's prescription. A doctor who treats and prescribes is necessary for this — not a school doctor. It is possible for this work to be funded by health insurance. If the parents pay, it then becomes an agreement between the eurythmy therapist and the parents.

The issue is: may a eurythmy therapist be paid by a school for medical eurythmy therapy? Is the specific treatment of illnesses at school still within the school's area of responsibility? Probably not.

Then there is the eurythmy therapist who practises eurythmy therapy for children salutogenically, as prophylaxis, who is definitely not treating an illness. They could be paid by the school, as they are working in the area of general health care, the emphasis of which is on preventing illness. It is not a matter of practising medicine in a clinical sense, but a school doctor is needed all the same, although they do not prescribe, but accompany. This would only be covered by health insurance if they were willing to pay for salutogenic health care. Here too it would be necessary to make an agreement with the parents, as it would be beyond the normal scope of the school.

It is different where it is a matter of early intervention for children with special needs, where it would be necessary to make special arrangements with health insurance providers.

There are further issues to do with accident insurance in the case of children doing eurythmy therapy. This comes into play if an official event under the aegis of the school is involved: at the school, during school hours and arranged by agreement with the teachers.

Erika Leiste

## Curative Education and Social Therapy

The term "special school" has been superceded across Germany by "support school", which is now common in professional circles. This is to prevent discrimination of pupils and emphasise the supportive aspect.

The term "inclusion" has spread further and is increasingly discussed in the media. Instead of "integration" into education and society, which was introduced and promoted over the last 15 years, "inclusion" is to be introduced over the next few years.

The implication of this is that eventually "support schools" will be superceded by the inclusion of children with special needs in mainstream schools. This would be no bad thing in itself, as long as the particular needs of these children can be met within mainstream education.

Even in the days of "integration" there were children who were not disruptive and could participate [in mainstream education] up to Class 4. This meant, however, that the proportion of children in need of a high degree of sup-

port in the "support schools" increased. So-called "integration assistants" were then introduced to support those children. These assistants have no training and themselves need integrating into the educational establishments and the classrooms.

Thus there are increasing numbers of children and young people with psychological issues approaching schools requiring a particular kind of soul care. The need for help for these particular children through anthroposophic therapies is thus becoming more apparent and more urgent; financing therapists, on the other hand, becomes increasingly difficult. It becomes rarer and rarer to find a therapeutic team forming round these children and young people and accompanying their difficult path through life professionally.

In social therapy, this tendency toward psychiatric illness on the part of people with developmental disabilities is also apparent in some organisations. The organisations have to change in order to meet the altered circumstances. Classic developmental difficulties are combined with other forms of illness, which again calls for a more intensive approach to care, support and assistance.

A further issue concerns symptoms of advancing years in people with learning difficulties, including inability to work, social isolation and the illnesses of old age, such as dementia. Many organisations are celebrating 50, 60 or 70 years of activity; they include clients of a similar age.

# Report on the conference on "Psychiatric Illnesses and their Manifestation in Curative Education and Social Therapy"

from 1–3 October 2009 in Bingenheim Community, Germany

After the great festive meeting at the World Eurythmy Therapy Conference in 2008, this year 40 participants from Finland, Holland, Switzerland and the whole of Germany met at Bingenheim Community to begin working on the theme of psychiatric illnesses. Walter Dalhaus introduced us to the whole world of the psychoses, in a very endearing and sympathetic way. His style of speaking mirrored in a very striking way the kind of attitude that can be helpful when dealing with people who suffer from psychosis.

There were other opportunities for sharing between colleagues in three fur-

ther specialist groups on the conference theme. The working groups began to look at issues of documentation, intervision and the collaboration of eurythmy therapists and doctors. The music eurythmy with Rosemarie Schumm in the mornings admirably complemented, from the artistic aspect, our efforts toward understanding and empathy.

The Bingenheim Community, with its warm, hospitable mood, was a decisive factor in the success of the conference.

Next year the provisional dates for this specialist conference are 30 September to 2 October at the curative education and social therapy organisation Sonnhalde Gempen, near Dornach in Switzerland. By request of the participants, we will further deepen the theme.

Carola Adam-Roettig

## Early Years / First Seven Years

There are 540 kindergartens in Germany, 1500 worldwide in 40 countries. In larger towns, eurythmy therapy is available in kindergartens, but in the country there is often no eurythmy therapist within reach and the children have to do without. The international kindergarten movement is very appreciative of eurythmy therapy. At large early years conferences regret is often expressed that some kindergartens are not able to offer eurythmy therapy as a support in cases of developmental disturbance.

The focus of this year's eurythmy therapy further training course on the first seven years in Frankfurt in Germany was the treatment of different speech disorders. About 25% of pre-school children have developmental speech disorders— and the tendency is growing! In response to this difficult situation, further training in the development of speech and speech disorders has been offered over the last year (including at the Kindergarten Seminar), so that kindergarten teachers can recognise speech difficulties promptly and introduce appropriate therapeutic measures. Eurythmy therapy is firmly ensconced in this field of further training. This represents a further step in the embedding of eurythmy therapy in the early years world.

Elke Neukirch

## **Eurythmy Therapy with Elderly People**

At the Delegates' Conference we occupied ourselves with this field of practice: how does it manifest in the different countries? What experiences have been garnered working with elderly people in eurythmy therapy? It became apparent that this last phase of life has many aspects. The spectrum ranges from accompanying the dying (in the setting of a hospice, including with young people) through to dementia or the delicate issue of whether I can support the assisting of people to incarnate or excarnate in individual cases. Eurythmy therapy has many tasks for the future. It would be helpful if a sharing of experiences within the different countries could come about.

#### **Eurythmy therapy in care homes**

The care home had a somatic and geriatric department. A very differentiated approach with eurythmy therapy was called for and in this the residents were the best teachers

For this contribution I have chosen an experience from the geriatric area where a bed-ridden resident's outer movement had completely ceased, and her inner organ movement was also declining, above all her bowel movement. Her bowel could only be emptied through enemas, which had to be administered every three days and which were an unpleasant experience for her. I visited her three times a week and, because she was unable to move outwardly, I made the sounds L, M and R around her. I made the sounds three or four times each, very calmly, and repeating the whole procedure with the space between my hands and her body brought into movement. Our profession invites us to sense and listen with our hands; it is quite an experience with these geriatric residents. Our hands can tell us how often, how fast or slow the sounds should be made, or whether (today) they should be done at all! All the movements were taken in strongly, participated in and responded to. There was a marked improvement after a few weeks; after nine weeks no more enemas were needed.

Esther de Gans, from Holland

# Eurythmy Therapy in Regions in Crisis and in War Zones

"stART International" is the name of the charity which we founded in 2008 in order to bring help through art to children and young people after disasters. These human beings in particular are often left alone with their trauma, as the adults have already enough to do just to deal with the bare essentials. Everyone has to manage, and the children must not be an extra burden. Sleep disturbances, anxieties, concentration disorders and heightened sensitivity and irritability manifest as a result of their trauma, and they are subject to increased pressure at school and in the home. The earlier they receive therapeutic and pedagogical support, the greater their chances of being able to avoid prolonged post-traumatic stress disorder.

For this reason we try to offer our artistic work, which aims to restore the victims' own resources, as soon as possible after a war or natural disaster — in refugee camps, kindergartens and schools.

Our team visited Lebanon in 2006 and 2007 by request of "Friends of Waldorf Education".

In 2008 and 2009 we spent a total of twelve months in Georgia, working with the Elisabeth Gast Foundation and alternating with their team. We were able to include more and more Georgian artists in the rapidly growing project.

Experienced eurythmy, artistic, music and speech therapists work with groups of different ages, as do curative educators, drama teachers, project facilitators, class teachers and other educators. We frequently collaborate inter-disciplinarily, which serves the children, our own further training and enhances team spirit.

Whether it be theatre, music, eurythmy, painting or modelling, it should bring joy, create structure, build community and recreate trust in one's own capacities — and, not least, show people in need that they are not forgotten.

A study of eurythmy as therapy for trauma in the spirit of what has been described above will appear next summer as a master's thesis.

You can find out more about our work on our website: www.start-international.org

Myrtha Faltin

### BULLETIN BOARD

Change of date:

Change of date:

Eye Eurythmy Therapy Course at the Goetheanum

Medical Section

from Wednesday, January 6,2010, at 9 a.m.

from Wednesday, January 6,2010, 6.30 p.m.

till Thursday, Januar 14, 2010, 6.30 p.m.

Introduction by Dr. med. Ralf Burkhart,

Introduction by Dr. med. Susanne Vogel

Thorwald Thiersch and Dr. med. Susanne Vogel

Thorwald Thiersch and Dr. med. Susanne Vogel

Thorwald Thiersch and Doris ten Brink

Eurythmy Therapy: Margret Thiersch and Doris ten

"Biographic Sketch of Margarete Kirchner-Bockholt, Doctor and Eurythmy Therapist"

Angelika Jaschke wrote this as an afterword to the Russian edition of "Foundations of Curative Eurythmy".

It will be available for download in English and German from: www.forum-he-medsektion.net

#### Documentation - 1st World Conference for Eurythmy Therapy

There are still some copies available in English and German from:

Kooperative Dürnau (FAO Ulrike Reisiger), Im Winkel 11

D-88422 Dürnau, Germany, Tel: +49 (0)7582-9300-0 email: druck@kooperative.de

or (in Switzerland):

Medizinische Sektion am Goetheanum

CH-4143 Dornach/Schweiz

email: sekretariat @medsektion-goetheanum.ch

Priced: EUR 15.00 / SFr 24.00

## New publication in English!

We gladly announce that the book "The Physiology of Eurythmy Therapy" by Hans-Broder and Elke von Laue will be published in English next spring. We would like to thank the translator!

The Physiology of Eurythmy Therapy Hans-Broder & Elke von Laue Translated from German by David Macgregor Floris Books

23 x 16 cm, 224 pages, illustrated ISBN 978-086315-740-0 paperback £30.00 (US\$60.00) Publication: 27 May 2010

www.florisbooks.co.uk USA: www.steinerbooks.org

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# The deadline for contributions for Newsletter No 8 is September 12, 2010.

It would save effort and money if you could, where possible, provide your reports in English and German.